



RIDING ACROSS GEORGIA SINCE

**1980**

**SPRING TUNEUP 2024**

PRESENTING SPONSOR OF  
THE BICYCLE RIDE ACROSS GEORGIA

# NORTHSIDE HOSPITAL

Northside Hospital is committed to the health and wellness of our community. As such, we dedicate ourselves to being a center of excellence in providing high-quality healthcare. We pledge compassionate support, personal guidance and uncompromising standards to our patients in their journeys toward health of body and mind. To ensure innovative and unsurpassed care for our patients, we are dedicated to maintaining our position as regional leaders in select medical specialties. And to enhance the wellness of our community, we commit ourselves to providing a diverse array of educational and outreach programs.

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# WELCOME TO SPRING TUNEUP

Thank you for joining us on Spring TuneUp based in beautiful Rutledge, Georgia! We have a great weekend of activities planned. Each day we will have a ride in the morning that continues into the afternoon, followed by entertainment at the Sunflower Farm each evening. Please refer to this guide as to the day's schedule and routes.

## **Contacts:**

**Please dial (678) 548-1938 if you need IMMEDIATE assistance on Spring TuneUp, otherwise please await a SAG vehicle.**

**Emergencies please dial 911**

**Madison Police Department (706) 342-1275**

**Morgan County Sheriff (706) 342-1507**

**Walton County Sheriff (770) 267-1458**

**Putnam County Sheriff (706) 485-8557**

**Jasper County Sheriff (706) 468-4918**

**Morgan Memorial Hospital - 1077 S Main St, Madison, GA 30650 - (706) 342-1667**

**Putnam General Hospital - 101 Greensboro Rd, Eatonton, GA 31024 - (706) 485-2711**

**Piedmont Newton Hospital - 5126 Hospital Dr NE, Covington GA 30014 (770) 786-7053**

**Piedmont Rockdale - 1412 Milstead Avenue, Conyers GA 30012 - (770) 918-3000**

# WEEKEND OVERVIEW

Ride Options		
Friday	Saturday	Sunday
11 mile - 581 elevation	22 mile - 844 elevation	13 mile - 829 elevation
27 mile - 1,232 elevation	42 mile - 1,562 elevation	29 mile - 1,329 elevation
69 mile - 3,091 elevation	60 mile - 2,158 elevation	44 mile - 2,181 elevation
	100 mile - 3,995 elevation	

	Friday	Saturday	Sunday
7:00am - 8:30am	<-----Breakfast offered ----->		
7:30am	<-----First timers meeting at Registration ----->		
7:30am - 8:30am	<-----Show and Go start ----->		
11:30am - 8:30pm	<-----Food Trucks on site----->		Food Trucks 11:00a - 1:00p
12:00pm - 9:30pm	<-----BRAG Bar Open----->		
3:30pm - 4:30pm	Conrad Moore	Reverend Hylton	
5:00pm - 7:00pm	Frankie's Blues Mission	Human DJ	
7:30pm - 9:30pm	Chris Jon and Scott	TBD	

# BRAG SAFETY PLEDGE

1. I will ride single file when a car or truck is behind me.
2. I will never ride more than two abreast, in accordance with Georgia law. I will not be a road hog. I will yield to riders trying to pass me.
3. I will ride as far to the right as practicable, except when making a left turn or when going straight at a right-turn only lane.
4. I will call out "car back" or "car up" to riders in front of me.
5. I will call out my intentions to riders immediately behind me: "Slowing," "Stopping," or "Turning." I will use traffic hand signals when appropriate.
6. I will point to road hazards and/or call out to riders behind me: "Gravel," "Hole," "Tracks."
7. I will call out to riders I am about to pass: "On Your Left," or "Good Morning." I will never pass on the right.
8. I will wear my helmet at all times while on my bike.
9. I will obey all traffic signs and signals. I will not call out "Clear" at stop signs or red lights.
10. I will always ride defensively. I will always be aware of other riders, vehicles and pedestrians near me. I will never assume I know what they are going to do.
11. I will use common sense and courtesy toward motorists and other cyclists while I am on my bike.
12. I will provide immediate adult supervision to my bicycling children under age 16.
13. I will not ride before daylight or after dusk unless I have proper lights on my bike, in accordance with Georgia law.
14. If I stop for any reason, I will get completely off the road.
15. I will not wear headphones while riding my bike.
16. I understand I will be ejected from the ride if I violate this Safety Pledge.
17. I will obey this SAFETY PLEDGE. If I am riding with minor children (under age 18), I will read it with them, and they will obey it.

## SAFETY FIRST !!!

BRAG events take place on public right of ways. We ask motor vehicles to share the road, so we must extend the same courtesy. You will encounter hazards on the ride which you will need to exercise your duty of care to avoid. Every road contains hazards. It is your duty as a cyclist to be prepared to detect and avoid hazards on the road. As much as possible we travel in low traffic, however we will need to travel on roads with higher traffic volume from time to time. Please review the BRAG Safety Pledge you were required to sign to participate in this BRAG event on Page 6. Please consult the rider handbook provided by Georgia Bikes for more safety information.

**YOU MUST STOP AT ALL STOP SIGNS AND RED LIGHTS!! Obey all traffic control devices and exercise caution crossing rail road tracks and road crossings!**



# SAFETY INFO

**You are responsible for your own safety** - BRAG assists as much as possible in ensuring a safe ride, however you are in control of your ride and safety. Please read carefully the cue sheets and take note of hazards outlined. Also be on the look out for BRAG signs on the roadway warning of hazards. Hazards are always being created and note we can not warn participants of every potential or existing hazard. Cycling has inherent dangers - take safety seriously!

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**You must obey all traffic laws and traffic control devices.**

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**Wear a helmet and ensure your gear is properly functioning.**

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**Communicate with other cyclists to keep each other safe** - please yell when appropriate car back, car up, rider on, rider off, etc. Communicate about hazards such as RR tracks, pot holes, rumbles, debris in the road, cracks, animals, etc. Do not yell CLEAR as what is clear for you may not be for others.

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**Visibility** - See and be seen, wear bright clothes, reflective clothing and use lights.

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**Bicycle lanes and shoulders** - please use them when possible and safe to do so.

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**Report dangerous motorists and cyclists.**

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**In the event of rain, the road and road tires can be slick and brakes can slip. Normal conditions may become more hazardous, especially rail road tracks.**

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**In the event of lightning, take appropriate action and exercise caution.**

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# SAFETY INFO

This is a ride, not a race. We encourage you to stop and smell the roses and get a true taste for the fiber and culture of Georgia.

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You may leave as early as sunrise and as late as 8:30am, however we strongly recommend you leave with the group start if offered. As long as you leave during this time frame and maintain a minimum 10 mph pace you will catch all the rest stops while they are open. If you have a slower pace, try to leave a little earlier, if you are faster, you can afford to get a little extra sleep.

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**How not to get lost:** We have 4 methods for you finding your way:

1. This Ride Guide. It includes cue sheets. Please keep this book with you. You may want to place it in a plastic bag in case of rain.
2. Signs. There will be BRAG arrows at every turn to tell you which way to turn. If there is no arrow it means go straight. Please exercise caution here as sometimes people like to collect our signs.
3. Road Markings. We mark the routes with paint on the road, before, at and after each turn. When approaching an intersection or side street please cautiously look out for markings on the road. They



look like this: They will point you in the direction of the turn. Roads are not marked in downtown areas or in areas where it is prohibited (Bike Trails).

4. GPS routes you can download from the Internet. Please go to [www.brag.org](http://www.brag.org), click on the respective ride, then click on routes, Then you can click on the respective day you wish to download and it will direct you to the ride with GPS app. If you do not have it you can download it for free, which will give you access to the map, and your location on it (must have a smart phone).

PRIVATE PROPERTY

Durden Rd  
NO PARKING ALONG ROADWAY

SATURDAY START

SUNDAY START

FRIDAY START

Durden Rd  
NO PARKING ALONG ROADWAY

Durden Rd  
CAR ENTRANCE

OFF LIMITS

KEEP CLEAR

LOUD CAMPERS

QUIET CAMPERS

BIKE ENTRANCE



# FOOD VENDORS

**Six Pack Subs:** Vietnamese street food, Bánh Mì sandwich, Noodle Bowls, Spring rolls, Egg rolls, Viet Taco, Vegetarian and Gluten Free menu, Chicken Fingers and Fries.

**Nine Rabbits:** Fresh bowls, rice bowls, grit bowls, salads, all farm fresh.

**Gekko Fod Truck:** Hibachi & Sushi favorites, plus Poke & Ramen bowls

**Jackson Family BBQ:** Pulled pork, chicken, ribs, baked beans, coleslaw. Breakfast: Biscuits, sausage, bacon, egg, cheese, breakfast bowls

**The Caboose:** Hot pies, root beer floats, Pimento cheese sandwiches - veggie delight subs - baked Irish and sweet potatoes with toppings - fresh fruit salad - blondies - brownies - fried pies - Shaved ice - lemonade - ice tea

**Cafe Campesino:** All kinds of coffees, teas, smoothies, in addition to fruit, oatmeal and snacks


Jackson Family



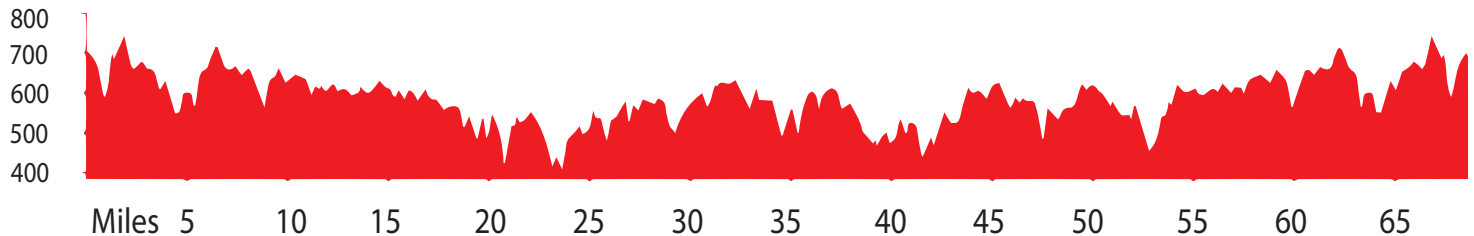
6-Pack SUBS

CABOOSE!

# FRIDAY

Fridays ride is comprised of a 11, 27, and 69 mile route (Check page 5 for elevation).  
Today's Route is marked in **WHITE** 

6:30am - 7:00pm	Registration Open
7:00am - 8:30am	Breakfast offered
7:30 - 8:30am	Show and Go Start
11:30am - 8:00pm	Food trucks on site
12:00pm - 9:30pm	BRAG Bar open
3:30pm - 4:30pm	Conrad Moore
5:00pm - 7:00pm	Frankie's Blues Mission
7:30pm - 9:30pm	Chris Jon and Scott Band




# WHITE

 **START/FINISH**

 **REST STOP**

 **69 MILE**

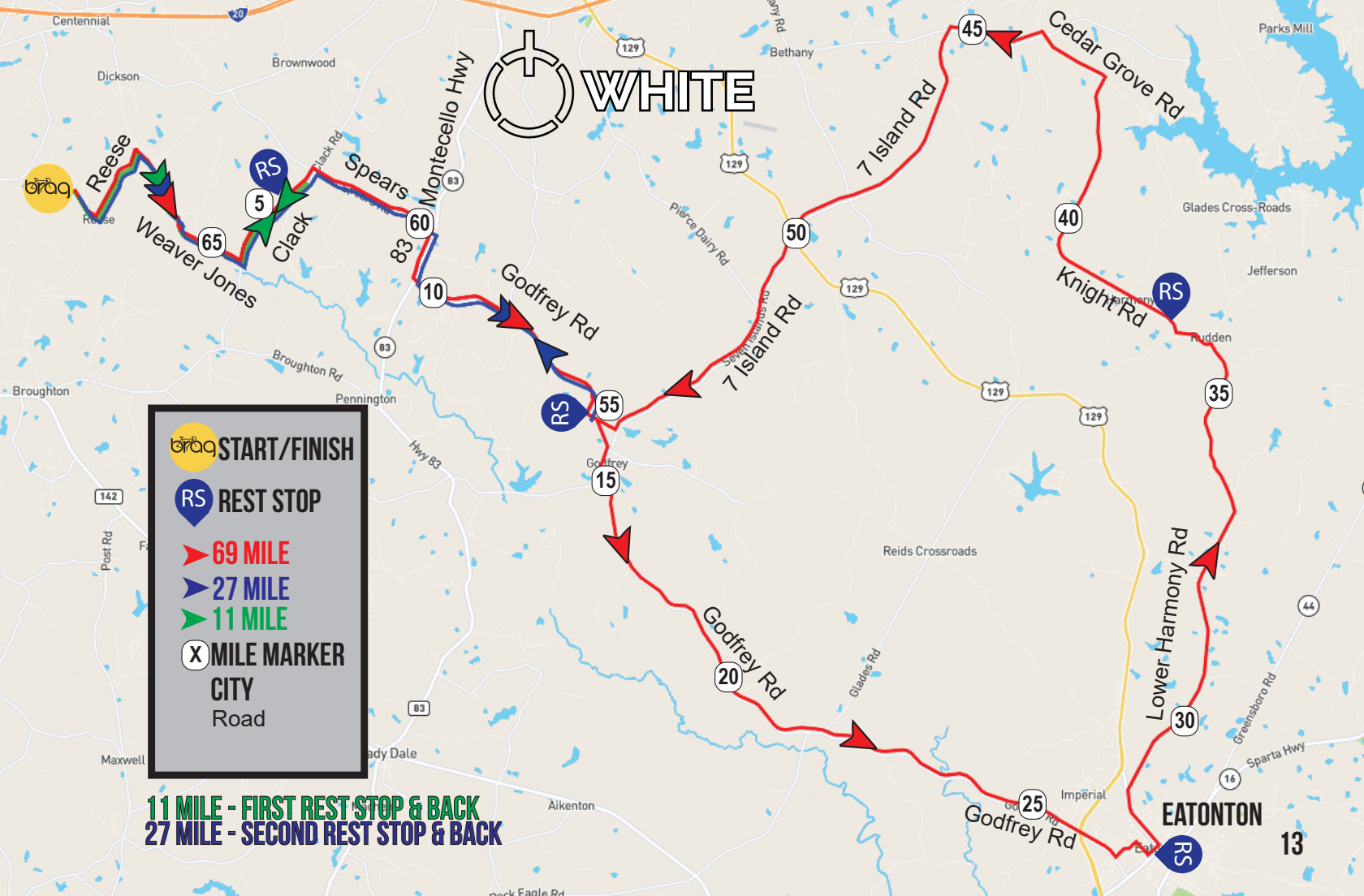
 **27 MILE**

 **11 MILE**


 **MILE MARKER**

**CITY**  
Road


**11 MILE - FIRST REST STOP & BACK**  
**27 MILE - SECOND REST STOP & BACK**





# FRIDAY

Total	Inc	Description
0.0	0.0	Turn Right out of the Sunflower Farm
0.6	0.6	Turn left onto Reese Rd
1.9	1.3	Sharp right onto Weaver Jones Rd
4.6	2.7	Turn left onto Clack Rd
5.3	1.9	<b>Rest Stop 1, 3481 Clack Road, Madison GA 30650 Open 7:45AM - 2:45PM</b>
		<b>Turn Around here and return for the 11 mile route</b>
6.6	0.1	Turn right onto Spears Rd
8.8	2.2	 <b>Turn right onto GA-83 S - Caution High Traffic Road - Ride Single File</b>
9.6	0.8	Turn left onto Godfrey Rd
13.4	3.8	Slight right onto Antioch Rd
13.7	0.3	<b>Rest Stop 2, Godfrey Community Park - 1111 Antioch Church Road Madison, GA 30650 Open 8:45AM - 2:00PM</b>
		<b>Turn Around here and return for the 27 mile route Follow the 69 mile cue sheet starting at mile 55</b>

# FRIDAY

Total	Inc	Description
13.8	0.1	Slight right to stay Godfrey Rd
14.6	0.8	Left to stay on Godfrey, go over bridge Easy Turn to Miss
25.5	10.9	 Caution crossing 441
26.3	0.8	Turn left onto Church St
26.7	0.4	Turn right onto N Lafayette Ave
27.2	0.5	Turn left onto N Jefferson St / N Marion St
27.2	0.0	<b>Rest Stop 3, Life Source Pavilion - 304 W Marion St Eatonton, GA 31024 - Open 9:30AM - 12:15PM</b>
27.4	0.2	Cross N Jefferson after court house, <b>CAUTION LOW BRIDGE</b> , Turn left onto N Maple St
27.9	0.5	Turn left onto Phillips Dr
27.9	0.0	<b>Caution, Railroad Tracks, Bad Angle</b>
27.9	0.0	Turn right onto N Maple Ave
28.1	0.2	<b>Caution, Railroad Tracks, Bad Angle</b>
28.3	0.2	Turn Right onto Lower Harmony Rd NE
36.4	8.1	Turn left onto Harmony Church Rd, then left onto Harmony Rd

# FRIDAY

Total	Inc	Description
36.9	0.5	<b>Rest Stop 4, Harmony Baptist - 120 Harmony Church Rd, Eatonton, GA Open 10:15AM - 1:00PM</b>
37	0.3	Turn right onto Little Rd
39.3	2.3	Little becomes Kingston Rd
42.4	3.1	Turn left onto Cedar Grove Rd
43.7	1.3	Turn left onto Bethany Rd
45.3	1.6	Turn left onto 7 Island Rd
50	4.7	 <b>Caution, Busy Intersection, Cross traffic does not stop</b>
54.5	4.5	Turn right onto Antioch Church Rd
54.6	0.1	<b>Caution, Railroad Tracks, Bad Angle</b>
55	0.4	<b>Rest Stop 2 (again), Godfrey Comm. Park Open 8:45AM - 2:00PM"</b>
55.3	0.3	Slight left onto Godfrey Rd
59.1	3.8	 <b>Turn right onto GA-83 N Caution High Traffic Road - Ride Single File</b>



# FRIDAY

Total	Inc	Description
59.9	0.8	Turn left onto Spears Rd
62.1	2.2	Turn left onto Clack Rd
63.5	1.6	<b>Rest Stop 1 (again), 3481 Clack Road, Madison GA 30650 Open 7:45AM - 2:45PM</b>
64.1	1.9	Turn right onto Weaver Jones Rd
66.8	2.7	Sharp left onto Reese Rd
68.1	1.3	Turn right onto Durden Rd
68.8	0.7	Into Sunflower Farm



# SATURDAY

Saturday's ride is comprised of a 22, 42, 60, and 100 mile route.

Today's route is marked in **WHITE** 

6:30am - 5:00pm	Registration Open
7:00am - 8:30am	Breakfast offered
8:00am	Show and Go Start
11:30am - 8:30pm	Food trucks on site
12:00pm - 9:30pm	BRAG Bar open
3:00 - 4:30	Reverend Hylton
5:00pm - 7:00pm	Human DJ
7:30am - 9:30pm	TBD

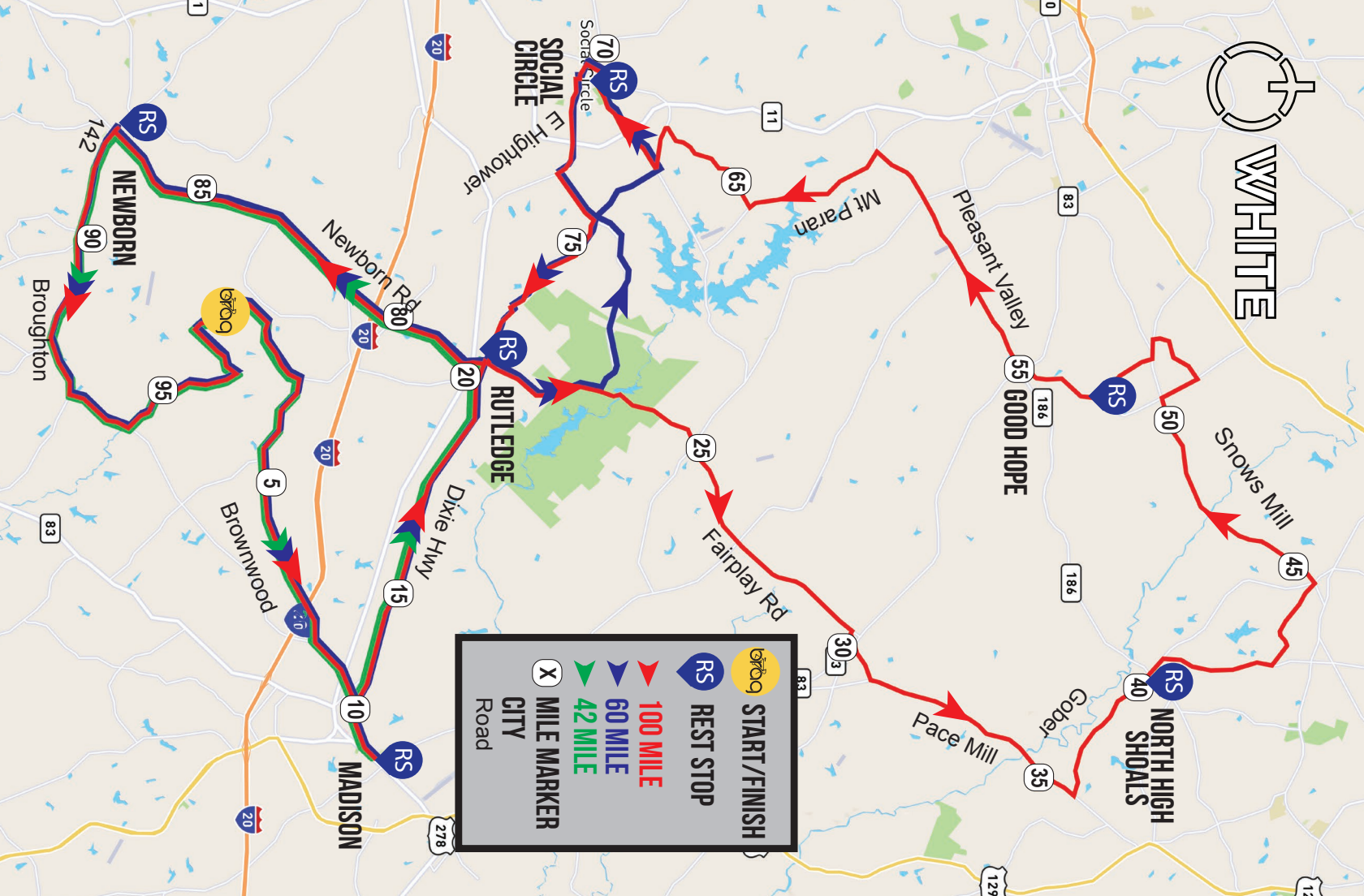
100 mile - 3,995ft

60 mile - 2,158ft

42 mile - 1,561ft

22 mile - 844ft





	<b>START/FINISH</b>
	<b>REST STOP</b>
	<b>100 MILE</b>
	<b>60 MILE</b>
	<b>42 MILE</b>
	<b>MILE MARKER</b>
	<b>CITY</b>
	<b>Road</b>


Total	Inc	Description
0.0		Left out of the Sunflower Farm
0.4	0.4	Right onto West St
1.0	0.6	Right onto Dickson Rd
2.4	1.4	Right onto Brownwood Rd
7.5	5.1	Cross over I-20
9.2	1.7	<b>Caution, Busy Intersection, 278, Cross traffic does not stop</b>
9.8	0.7	Right onto Dixie Hwy
10.8	0.7	Soft Right / Onto Walton St
10.8	0.0	Immediate Left onto Old Post Rd.
11.1	0.3	<b>Rest Stop 1, First United Methodist Church Open 7:45AM - 10:30AM</b>
11.1	0.0	Make a U-Turn at Central Ave
11.5	0.4	Right Onto Walton St
11.5	0.0	Immediate Left onto Dixie Ave
12.3	1.0	<b>Caution, Railroad Tracks</b>
12.6	0.3	<b>22 mile route Turns left onto Brownwood Road - Flip to Page 23 - All other routes continue straight</b>



Total	Inc	Description
20.1	7.3	Right onto Fairplay St
20.1	0.0	<b>Caution, Railroad Tracks</b>
20.1	0.1	<b>Rest Stop 2, Rutledge City Park - 102 W Main St, Rutledge, GA 30663 - Open 9:00AM - 4:00PM</b>
		<b>42 Mi Route Heads South on Fairplay, Left on W Dixie Hwy, Right on Newborn - Then Follow Century Route at Mile 77.9</b>
20.1	0.0	100 & 60 mile keep North on Fairplay
22.8	2.7	<b>60 Mile Option make a Left onto Knox Chapel Rd - Turn to Page 23 for those routes - 100 Mile option keep straight</b>
30.4	7.4	Turn right onto Malcolm Rd
30.7	0.3	Continue onto Wellington St
31.5	0.8	Turn left onto Price Mill Rd
36.4	4.9	Turn left onto Gober Rd
39.3	3.1	Continue onto Hillsboro Rd
39.7	0.2	<b>Rest Stop 3, North Shoals City Park - 252 Hillsboro Rd N High Shoals, GA 30621-Open 10:30AM -1:30PM</b>
39.9	0.3	Turn right onto Rays Church Rd
42.2	2.3	Turn left onto Aycock Rd
44.3	2.0	Turn left onto Snows Mill Rd
49.6	5.3	Turn right onto Jacks Creek Rd NW
50.4	0.8	Turn left onto Turkey Mountain Trail
51.8	1.4	Turn left onto Mt Vernon Rd NW
52.0	0.2	Continue onto Snows Mill Rd
52.2	0.2	Turn right onto Bethel Church Rd
53.6	1.4	Turn right onto Jacks Creek Rd NW
55.3	1.7	Turn left onto GA-83 S

# SATURDAY

Total	Inc	Description
55.6	0.3	 Rest Stop 4, Good Hope Park, 169 GA-83, Good Hope, GA 30641 - Open 11:00AM - 2:30PM
55.7	0.1	Right on 83 then Left on Pleasant Valley Rd
61.2	5.5	Turn left onto Mount Paran Church Dr
64.2	3.0	Turn right onto Lipscomb Rd/ Chicks Bridge Rd
65.5	1.3	Left onto Grady Lemonds Rd
66.8	1.2	Turn left onto Social Circle Fairplay Rd
67.7	1.0	Sharp right onto Roy Malcom Rd ( <b>60 Mile Route comes in here</b> )
69.0	1.2	 <b>Cross GA11 - Busy road, cross traffic does not stop</b>
70.0	1.9	<b>Caution: Rail Road Tracks Bad Angle</b>
70.0	0.0	Turn right onto Oak Dr NE
70.2	0.2	Turn left onto N Cherokee Rd
70.6	0.4	Left onto E. Hightower
70.7	0.1	<b>Rest Stop 5, Rear of Social Circle Fire Station Open 11:30AM - 3:30PM Enjoy the Art Fair &amp; Food Trucks Downtown!</b>
71.0	0.3	Right out of Rest Stop onto E Hightower Trail
71.1	0.1	Turn left to stay on E Hightower Trail
73.2	0.1	Turn left onto Knox Chapel
74.4	1.1	Turn right onto Hawkins Academy Rd
77.1	2.7	Turn left onto Old Mill Rd
77.2	0.1	Turn right onto W Main St
78.4	1.7	Turn Left onto Fairplay Street <b>Caution Railroad Tracks</b>
78.4	0.0	<b>Rest Stop 2 (again), Rutledge City Park Open 9:00AM - 4:00PM</b>


Total	Inc	Description - 100 Mile Option
78.4	0.0	Head south on Fairplay St and turn Left onto W Dixie Hwy - <b>Caution Railroad Tracks</b>
78.5	0.1	Turn right onto Newborn Rd
80.2	2.3	Cross over interstate 20
87.9	7.2	Right onto GA142
88.0	0.1	<b>Rest Stop 6 Newborn City park - 4220 GA-142 Newborn, GA 30056 Open 10:30am - 4:30pm</b>
88.0	0.0	Head Southeast on GA 142 / County Rd 213
90.5	2.5	 Slight left onto Old Broughton Rd
90.8	0.3	<b>Caution Railroad crossing</b>
93.9	3.1	Turn left onto Clack Rd
95.4	1.5	Turn left onto Weaver Jones Rd
98.1	2.7	Sharp left onto Reese Rd
99.4	1.3	Turn right onto Durden Rd
100.9	1.5	End at Sunflower Farm!!!

Total	Inc	60 Mile Option
22.8	2.8	Left onto Knox Chapel Rd
26.9	4.1	Turn right onto Hawkins Academy Rd
28.6	1.7	Turn left onto Social Circle Fairplay Rd
28.6	0.0	Continue onto Roy Malcom Rd <b>Century comes in here. Pick up Century at Mile 67.6</b>

Total	Inc	23 Mile Option
12.6	0.3	Turn left onto Brownwood Rd
13.2	0.6	<b>Busy Intersection, 278, Cross traffic does not stop</b>
20.0	6.8	Turn left to stay on Brownwood Rd
20.0	0.0	Turn left onto Dickson Rd
21.4	1.4	Slight left onto West St
22.0	0.6	Slight left onto Durden Rd
100.0	1.0	End at Sunflower Farm! - Yay!





A group of cyclists is riding on a paved road that curves through a dense, green forest. The scene is bright and sunny, with sunlight filtering through the trees. The cyclists are in the middle ground, and the road leads into the distance. The overall atmosphere is peaceful and active.

The BRAG Dream Team is a program focused on providing growth and learning experiences for underprivileged youth through mentorship and cycling. The Dream Team provides mentorship to its program participants throughout the year. With the help and guidance of the coaches, program participants ride in all BRAG rides, broadening their horizons and providing a myriad of learning experiences they might not otherwise have a chance to experience.

Thanks to sponsors, the cycling equipment, food and transportation costs are covered for the BRAG Dream Team. The targeted students are from low-income families who cannot afford to participate on BRAG. They're given bikes, helmets and other accessories needed to ride safely and confidently. Since 1994, more than 200 students have completed BRAG as Dream Team members.

To find out more about the Dream Team, donate time or resources please contact Dream Team Head Coach Atiba Mbiwan - [atiba@mindspring.com](mailto:atiba@mindspring.com)

# SUNDAY

Sundays ride is comprised of a 44, 29, 13, mile route.

Today's route is marked in **ORANGE** 

6:30am - 2:00pm	Registration open
7:00am - 8:30am	Breakfast offered
8:00am	Recommended start time
11:00am - 1:00pm	Food trucks on site
4:00pm	All vehicles must be off premise

44 mile - 2,181ft

29 mile - 1,329ft

13 mile - 829ft





# ORANGE



	<b>START/FINISH</b>
	<b>REST STOP</b>
	<b>44 MILE</b>
	<b>29 MILE</b>
	<b>13 MILE</b>
	<b>MILE MARKER</b>
	<b>CITY</b>
	<b>Road</b>

# SUNDAY

Total	Inc	Description
0.0	0.0	Turn left out of the Sunflower Farm
0.6	0.6	Turn left onto Keencheefoonee Rd
2.5	1.9	Turn left onto Newborn Rd
5.5		Continue onto Johnson St
6.6	0.9	Turn right onto GA-142 W
6.7	2.5	Turn left onto Spring St
6.7	0.3	<b>Rest Stop 1, Newborn City Park - 4224 GA-142 Newborn, GA 30056 - Open 8:00AM - 10:30AM</b>
6.9	0.2	<b>13 Mile route turns right onto GA-142 E, returning the way you came - turn to page 29</b>
6.9	0.0	<b>44 and 29 mile options</b> turn left onto GA-142 W
7.2	0.3	Turn left onto County Rd 213
8.0	0.8	Left onto Zeigler Rd <b>CAUTION Dirt Road</b>
8.1	0.1	Turn Right onto the Cricket Frog Bike Trail
13.8	5.7	Exit the bike trail and turn right onto Dixie Rd
14.3	0.5	Turn left onto Elks Club Rd
15.7	1.5	Turn right onto Glengarry Chase into the Lochwolde Neighborhood
16.2	0.5	At the traffic circle, continue straight
16.5	0.3	<b>Rest Stop 2, Lochwolde Clubhouse Open 8:30AM - 11:30AM</b>
16.5	0.0	Turn Right to Continue on Glengarry Chase
17.0	0.5	Turn left onto Drummond Pl
18.0	1.0	Turn right onto GA-142 W <b>Caution Busy Rd</b>
18.9	0.9	Turn left onto Adams Cir
20.9	1.0	Turn right onto Hwy 229
24.4	3.5	Turn left onto Elliott Rd
25.3	0.9	Turn left onto Newborn Rd

Total	Inc	Description
26.5	1.2	29 mile option turns Right onto Keencheefoonee Rd - Follow 14 mile route in (pg 29) 44 Mile Option continues Straight
28.5	2.2	Turn right onto Centennial Rd
30.0	0.0	<b>Rest Stop 3, Centennial Baptist Church, Wilburn Rec Area - Open 9:30AM - 12:30AM</b>
30.2	0.2	Turn right onto Davis Academy Rd
31.5	1.2	Turn right onto Fears Rd
33.6	2.1	Turn left onto Brownwood Rd
34.8	1.2	Slight right onto Thankful Rd
35.9	1.1	Turn right onto Clack Rd
39.7	3.8	Turn right onto Weaver Jones Rd
42.4	2.7	Sharp left onto Reese Rd
43.7	1.3	Turn right onto Durden Rd
44.5	1.0	End at Sunflower Farm!

Total	Inc	13 Mile Option
6.8	0.2	Turn left onto N Johnson St / Newborn
7.9	1.1	Continue onto Newborn Rd
10.9	3.0	Turn right onto Keencheefoonee Rd
12.8	1.9	Turn right onto Durden Rd
13.4	0.6	End at Sunflower Farm!



# CHOOSE YOUR NEXT ADVENTURE

INTERNATIONAL.BRAG.ORG



## BIG BRAG

JUNE 1-8, 2024

7 DAYS  
400 MILES  
1500 NEW BIKE FRIENDS  
BIKE RIDE ACROSS GEORGIA  
ATLANTA TO SAVANNAH



## RIVIERA MAYA

JANUARY 19-25, 2025

RELAXED CARIBBEAN VIBES  
RESORT ACCOMMODATIONS  
CURATED CULTURAL ACTIVITIES  
EXPERT LOCAL GUIDES  
AUTHENTIC CULINARY ADVENTURE  
LUXURY RESORT ACCOMMODATIONS  
BREAKFASTS & LUNCHES INCLUDED



## BIKE & BOAT

AUGUST 14-21, 2025

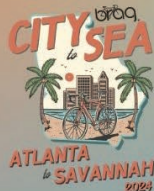
BRUGES TO AMSTERDAM  
LUXURY FLOATING HOTEL  
SCENIC RIVERSIDE CYCLING  
EUROVELO BIKE TRAILS  
PRIVATE CHEF  
ALL FOOD INCLUDED



## LOIRE VALLEY

JUNE 15-21, 2025

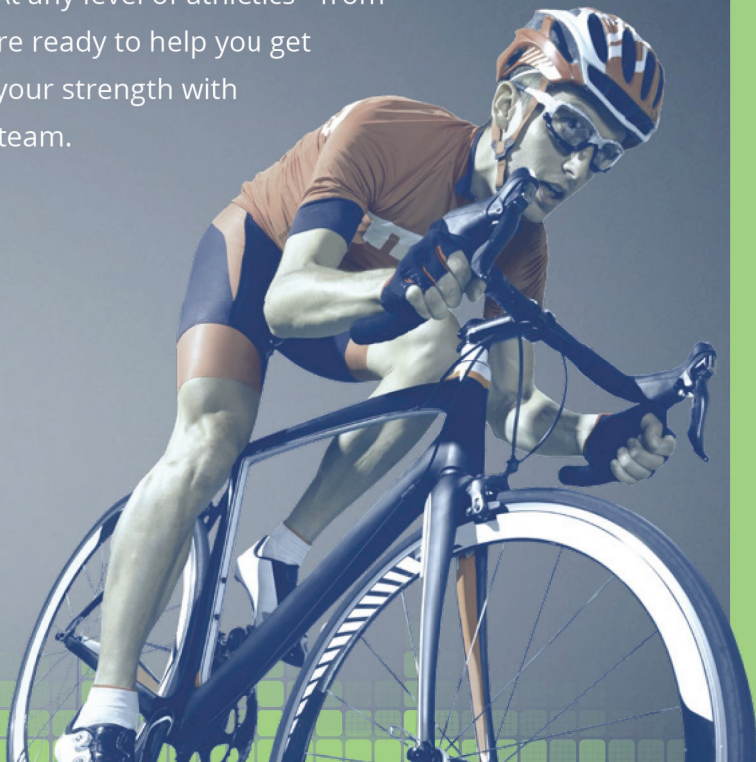
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