



RIDING ACROSS GEORGIA SINCE

1980

2026 BIG BRAG

**PRESENTING SPONSOR OF
THE BICYCLE RIDE ACROSS GEORGIA**



**NORTHSIDE
HOSPITAL**

Northside Hospital is committed to the health and wellness of our community. As such, we dedicate ourselves to being a center of excellence in providing high-quality health care. We pledge compassionate support, personal guidance and uncompromising standards to our patients in their journeys toward health of body and mind. To ensure innovative and unsurpassed care for our patients, we are dedicated to maintaining our position as regional leaders in select medical specialties. And to enhance the wellness of our community, we commit ourselves to providing a diverse array of educational and outreach programs.

BIG BRAG RIDE GUIDE TABLE OF CONTENTS

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WELCOME TO BIG BRAG

Thank you for joining us on Big BRAG, our 46th annual ride! We have a great week of activities planned. Each day we will have a ride in the morning that continues into the afternoon, followed by entertainment in each town in the evening. Please refer to this guide as to the day's schedule and routes.

Contacts:

Please dial (404)382.7747 if you need IMMEDIATE assistance on BRAG, otherwise please await a SAG vehicle or visit registration.

Emergencies please dial 911

LaFayette PD 911 or 770-639-1540

Walker County Sheriff 706.638.1909

Cave Spring PD 911 or 706-777-3382

Floyd County Sheriff 706.291-4111

Carrollton PD 911 or 770-834-4451

Carroll County Sheriff 770-830-5888

City of Fayetteville, PD 770-461-4441

Fayette County Sheriff 770-716-4720

LaGrange PD 911 or 706-883-2603

Troup County Sheriff 706-883-1616




Columbus PD 911 or 706.225.3205

Muscogee County Sheriff 706-653-4225

OVERVIEW OF THE WEEK AHEAD

Day	Route	Fun / Education	What to Wear
Saturday	Day 0	First Timers Meeting Honeybee Festival	Throwback BRAG T-Shirt Day
Sunday	49.5mi 2,317 ft elevation	Aztec Tire Changing Class Live Music & Libations	2026 BRAG Jersey Day
Monday	38.3mi 1,504 ft elevation	Bike MS Peach Ride Bettin' on the Mule	BRAG Team Jersey Day
Tuesday	58mi 2,819 ft elevation 100mi option 4,089ft elev	Cycling First Aid Yard Games @ the Amp Hard Miles (Movie @ Amp)	College Spirit Day
Wednesday	17mi 662 ft elevation	Run Katie Run Concert	80's/90's apparel day
Thursday	55 mi 3,309 ft elevation	Bike Demos James & the Georgia Peaches	Throwback BRAG Jersey Day
Friday	61.4mi 3,323 ft elevation	Live Music at Wild Leap Brewery	Spring TuneUp Jersey Day
Saturday	58.8mi 3,102 ft elevation	End of Ride Celebration	2026 BRAG Jersey Day (Again)

MAP LEGEND

 REGISTRATION	 TECH SUPPORT	 CAFE CAMPESINO	 BRAG BAR
 CAMPING	 BAGGAGE TRUCK OUTDOOR	 BREAKFAST	 RESTROOMS
 INDOOR CAMPING	 BAGGAGE TRUCK INDOOR	 LUNCH / DINNER	 YOGA
 PADRES CYCLE INN	 RIDE START / FINISH	 CONCESSIONS	 SHUTTLE PICK UP / DROP OFF
 SHOWERS	 RV'S	 ENTERTAINMENT	 EDU EDUCATIONAL CLASSES
 PORTALETs	 PARKING	 MASSEUSE	 SNOOZE BOX

DAILY SCHEDULE

Each day on BRAG some events and items will take place at the same time every day. Those items are listed below. They are subject to change and will be different on Saturdays. The times are a general guideline. Please consult the schedule any specific day.

Cafe Campesino Coffee Open	5:30am - 7:30am
Aztec Cycles tech support	6:00am - 7:30am 2:00pm - 6:00pm
First timers meeting (if requested)	6:30am (@Registration)
Registration/Headquarters Open	6:30am - 7:30am 12:00pm - 5:00pm
Mass Start	7:00am
Shower Truck Open	11:00am - 10:00pm
Baggage Truck Deadline	8:00am
Food Available on-site	5:30am - 7:30am 12:00pm - 8:00pm
Massages (See Eddie, LMT for Sign-up)	By Appt
Shaved Ice available	Last Rest Stop Each Day

BRAG SAFETY PLEDGE

1. I will ride single file when a car or truck is behind me.
2. I will never ride more than two abreast, in accordance with Georgia law. I will not be a road hog. I will yield to riders trying to pass me.
3. I will ride as far to the right as practicable, except when making a left turn or when going straight at a right-turn only lane.
4. I will call out "car back" or "car up" to riders in front of me.
5. I will call out my intentions to riders immediately behind me: "Slowing," "Stopping," or "Turning." I will use traffic hand signals when appropriate.
6. I will point to road hazards and/or call out to riders behind me: "Gravel," "Hole," "Tracks."
7. I will call out to riders I am about to pass: "On Your Left," I will never pass on the right.
8. I will wear my helmet at all times while on my bike.
9. I will obey all traffic signs and signals. I will not call out "Clear" at stop signs or red lights.
10. I will always ride defensively. I will always be aware of other riders, vehicles and pedestrians near me. I will never assume I know what they are going to do.
11. I will use common sense & courtesy toward motorists and other cyclists while I am on my bike.
12. I will provide immediate adult supervision to my bicycling children under age 16.
13. I will not ride before daylight or after dusk unless I have proper lights on my bike, in accordance with Georgia law.
14. If I stop for any reason, I will get completely off the road.
15. I will not wear headphones while riding my bike.
16. I understand I will be ejected from the ride if I violate this Safety Pledge.
17. I will obey this SAFETY PLEDGE. If I am riding with minor children (under age 18), I will read it with them, and they will obey it.

SAFETY FIRST!!!

BRAG events take place on public right of ways. We ask motor vehicles to share the road, so we must extend the same courtesy. As much as possible we travel on low traffic roads, however we will need to travel on roads with higher traffic volume from time to time. Please review the BRAG Safety Pledge you were required to sign to participate in this BRAG event. Please consult the rider handbook provided by Georgia Bikes for more safety information. Various and multiple hazards exist on the route, ride within your abilities, walk when necessary, exercise caution at all times when riding.

YOU MUST STOP AT ALL STOP SIGNS AND RED LIGHTS!! Obey all traffic control devices and exercise caution crossing rail road tracks and road crossings!



SAFETY INFO

You are responsible for your own safety - BRAG assists as much as possible in ensuring a safe ride, however you are in control of your ride and safety. Please read carefully the cue sheets and take note of hazards outlined. Also be on the look out for BRAG signs on the roadway warning of hazards. Hazards are always being created and note we can not warn participants of every potential or existing hazard. Cycling can be a dangerous sport - take your safety seriously!

You must obey all traffic laws and traffic control devices.

Wear a helmet and ensure your gear is properly functioning.

Communicate with other cyclists to keep each other safe - please yell when appropriate car back, car up, rider on, rider off, etc. Communicate about hazards such as RR tracks, pot holes, rumbles, debris in the road, cracks, animals, etc. Do not yell CLEAR as what is clear for you may not be for others.

Visibility - See and be seen, wear bright clothes, reflective clothing and use lights.

Bicycle lanes and shoulders - please use them when possible and safe to do so.

Report dangerous motorists and cyclists.

In the event of rain, the road and road tires can be slick and brakes can slip. Normal conditions may become more hazardous, especially rail road tracks and painted lines.

In the event of lightning, take appropriate action and exercise caution.

If you ever feel uncomfortable with conditions, you can walk your bike or stop riding.

SAFETY INFO

This is a ride, not a race. We encourage you to stop and smell the roses and get a true taste for the vibrant fiber and culture of Georgia.

You may leave as early as sunrise and as late as 8:00am, however we strongly recommend you leave with the group start if offered. As long as you leave during this time frame and maintain a minimum 10 mph pace you will catch all the rest stops while they are open. If you have a slower pace, try to leave a little earlier, if you are faster, you can afford to get a little extra sleep.

How not to get lost: We have 3 methods for you finding your way:

1. This Ride Guide. It includes cue sheets. Please keep this book with you. You may want to place it in a plastic bag in case of rain.
2. Road Markings. We mark the routes with paint on the road, before, at and after each turn. When approaching an intersection or side street please cautiously look out for markings on the road. They



look like this: They will point you in the direction of the turn. Roads are not marked in downtown areas or in areas where it is prohibited (Bike Trails).

3. **The BEST Way:** GPS Routes you can download from the Internet. Please go to www.brag.org, click on the respective ride, then click on routes, Then you can click on the respective day you wish to download and it will direct you to the ride with GPS app. If you do not have it you can download it for free, which will give you access to the map, and your location on it (must have a smart phone).



braq
bicycle ride across georgia®

Winter Ride

Lux

WINTER 2027

FEB 7-12 | FEB 21-26 | FEB 28-MAR 6



SATURDAY - LAFAYETTE

Schedule

Arrival in LaFayette	No earlier than 2:00pm	
Registration Open Aztec Cycles Tech Support	2:00pm to 7:00pm 2:00pm to 8:00pm	LaFayette High School 5178 Round Pond Rd LaFayette, GA 30728
First Timers Meeting	5:30pm	@ Registration
Food onsite	2:00pm - 7:30pm	LaFayette High School
HoneyBee Festival Join 20k people for Live Music,Crafts, Food Vendors, Restaurants	9am - 11:00pm	Downtown
Shuttles	6:00pm & 10:00pm	LaFayette HS to Tru byHilton in Ringgold
	2:00 - 10:00pm every 30 mins	High School to Honeybee Festival (The Rock)

Long-term parking is located at LaFayette High School. Also please note there is no security over the course of the week, so please secure your valuables and lock your vehicle. Use provided Parking Pass.

LAFAYETTE HIGH SCHOOL
5178 ROUND POND RD
LAFAYETTE, GA 30728

NO PARKING

LONGTERM PARKING



SATURDAY - FOOD VENDORS & SHUTTLES

Food offered on site

Hungry Hollow - Lunch/Dinner on Saturday - Hamburgers & Fries
Breakfast sandwiches on Sunday

Downtown LaFayette

The Crushed Tomato - Artisanal pizzas, subs, wraps, burgers & sandwiches - 111 E Lafayette Square
Toki sushi & steak house - 116 W Lafayette Square
Melinda's Bakery & Cafe - 117 W Villanow St
Southern Bliss Bakery & Deli - 300 W Patton St

Around LaFayette

Station House - Native Thailand Classically trained chef serving Asian Fusion cuisine from around the world - 117 W Villanow St
Los Guerrero's Mexican Restaurant - 1103 N Main St
CJ's Southern Traditions - 640 S Main St
Rafael's Pizzeria & Italian Restaurant

SATURDAY - THINGS TO DO

Download the
**HONEYBEE FESTIVAL
GUIDE APP**



The Honeybee Festival Guide app is your all-in-one place to find information about the Honeybee Festival.

- Always find what you are looking for using the interactive map.
- Browse events and music performances.
- Search for vendors to support the local community.

GET IT ON
Google Play

Download on the
App Store

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Things to do in Lafayette

The **Honeybee Festival** attracts 20,000 people each year. Free, daylong event includes live music, craft vendors food vendors, BBQ competition, family activities and so much more!

Queen City Lake - A short walk or ride from the school, take a dip in the 260-acre lake, with accompanying beach. Visit Family Dollar or Wal-Mart grab a tube and relax and float in the lake. Stand up paddle board and kayak rentals at the lake for \$20 for 2 hours, call (706) 841-0040 for a reservation.

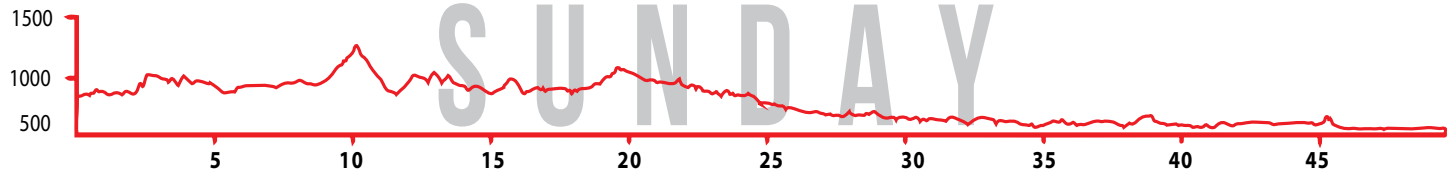
Come stroll the lovely grounds of the Marsh House (circa 1836) in La Fayette and experience the antebellum era as docents provide house history and information about 19th century furnishings, many of which are original to the house.

City Pool - Operating hours are Sunday 1 p.m.-6 p.m, Admission \$4. Complete with water slide, diving boards and plenty of cool water. 638 South Main St, LaFayette, GA 30728

SUNDAY - ROME

Schedule

Breakfast On-site	5:30am – 7:30am	LaFayette High School
Shuttles from Hotels	Leaves Ringgold hotel @5:30am 6am, & 6:30am sharp	Tru by Hilton Ringgold to LaFayette High School
	6am, 6:30am, 7am	Kings Inn to High School
Mass Start	7:00am	LaFayette High School
Shuttles-Roman Chariot 706-413-2822	2:00pm - 7:00pm Text On-Demand	Forum to Downtown & Days Inn
Food On-Site	Noon-9:00pm	Forum Concessions
Food Downtown	Until 11:00	Downtown Rome
EDU: Tire Changing Class	4:00pm	@ Tech Support on map
Libations & Live Music	7:00pm - 9:00pm	Forum/Bridgepoint Plaza



SUNDAY - FOOD

Walking Distance Downtown

Broad Street area: Broad Street: Rock N Roll Sushi / Jimmy John's / Harvest Moon Café / Dark Side of the Moon / Mellow Mushroom / City Creamery / John Henry's Grill / Peachy Pub & Grill / Jefferson's / Schroeder's New Deli

Shuttle – **2:00pm – 7:00pm Roman Chariot** runs between Bridgepoint Plaza to Broad Street to Days Inn

Text 706-413-2822 for pick-up

Shuttle 5/31

Note: the shuttle does not pick up from Heritage Park.
Walk across the pedestrian bridge to downtown.

SUNDAY - THINGS TO DO

Things to do in Rome

Join other BRAGgers at one of the various downtown restaurants for a celebration. Simply walk across the bridge on the south-side of the park and you will arrive on the entertainment corridor.

Explore some of the 16.5 miles of the AdventHealth Redmond ECO Greenway with TRED (trails for recreation and economic development in Rome & Floyd County).

Go tubing down the River! River Ratz is offering shuttles upstream and tubes. Preregister to enjoy a float. Call 706-676-9035 or email RomeRiverRatzz@gmail.com

Learn how to Change your Bike Tire! Kris at Aztec Cycles gives a workshop on tire repair and tube replacement. We hope not, but may be a handy skill to pickup.

Live Music at Bridgepoint Plaza, in front of the Forum. BRAG Bar & Concessions open for your pleasure.

LAFAYETTE


**ARMUCHEE VALLEY
COMMUNITY CENTER**

**JOHNS MTN WMA
CHECK-IN STATION**


**LCCL
STRAWBERRY
FARM**


ROME

ECO
GREENWAY


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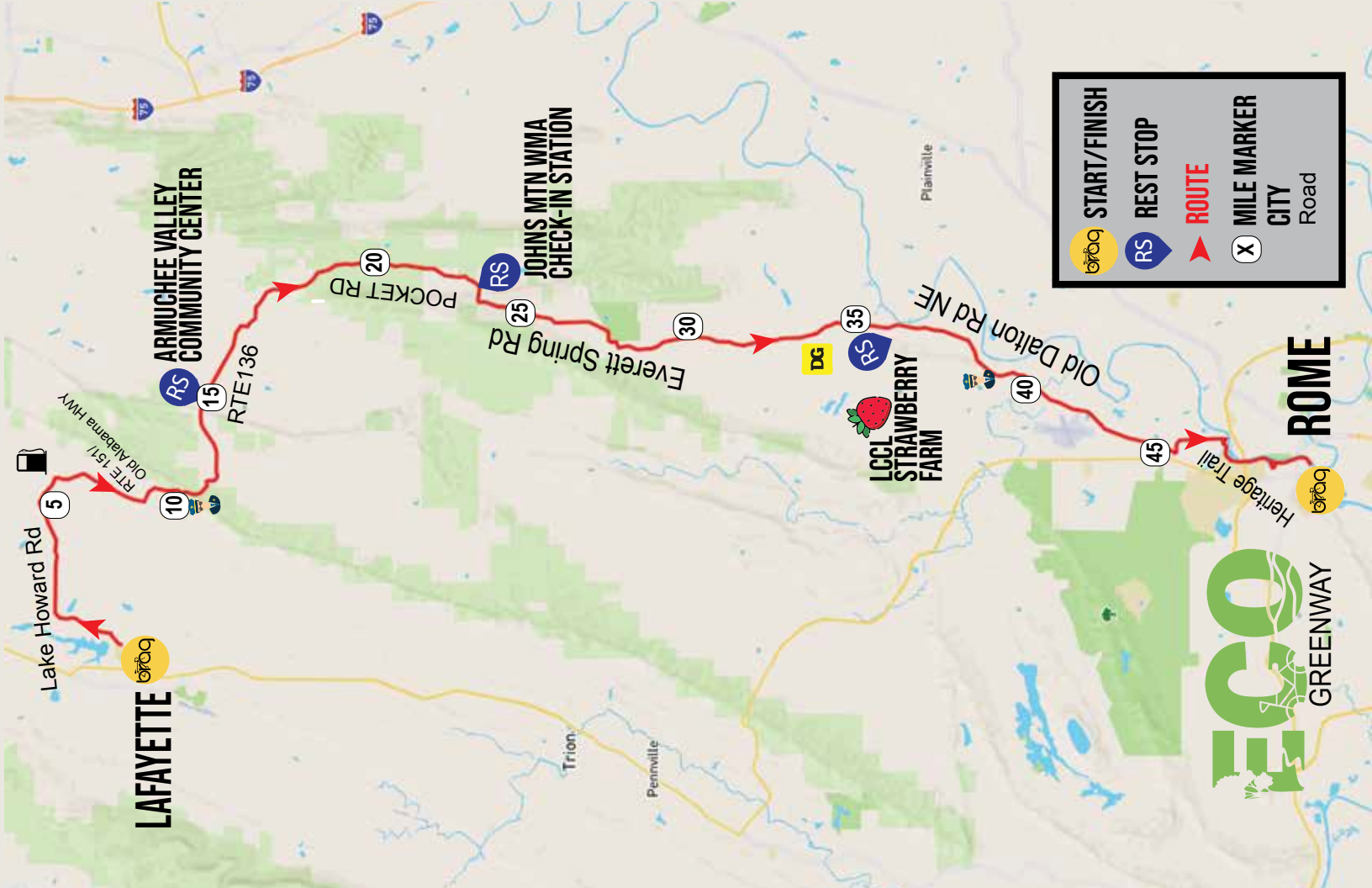
REST STOP
 REST STOP

ROUTE
 ROUTE



MILE MARKER
 MILE MARKER

CITY
 CITY

Road
 Road



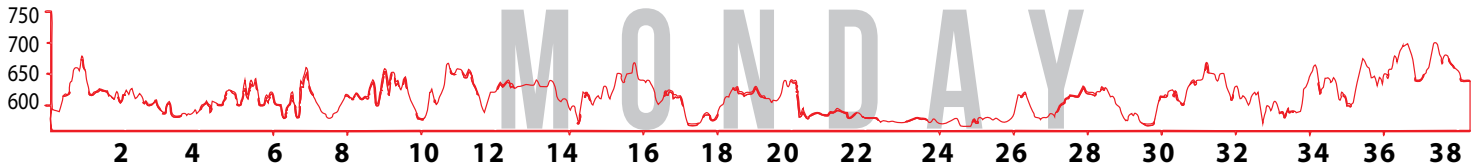
SUNDAY ROUTE

Total	Inc	Description
0.0	0.0	Start of route
0.5	0.5	Left from HS on Round Pond, then Left on Ringgold Rd
2.1	1.7	Right onto Lake Howard Road
4.1	2.0	Left onto Round Pond Road
5.2	1.1	Right onto GA-95 S
6.8	1.6	Right onto GA-151 S (Old Alabama Hwy)
8.6	1.8 	Left onto GA-136 E USE SHOULDER WHEN POSSIBLE - RIDE SINGLE FILE
14.4	5.8	Left toward into Armuchee Valley Community Center
14.5	0.1	Rest Stop 1 - Armuchee Valley Community Center 11471 GA-136 LaFayette, GA 30728 Open 7am - 10am
14.5	0.0	Left onto GA-136 E out of Rest Stop 1
15.7	1.1	Right onto Pocket Rd
23.1	7.4	Left onto Lake Marvin Rd
23.2	0.1	Rest Stop 2 - Johns Mtn WMA Check-in Station, 9 Lake Marvin Rd NE, Armuchee, GA Open 8am - 11am
23.2	0.0	Right out of Rest Stop
23.2	0.1	Left onto Everett Springs Rd (Pocket Rd)
37.7	14.5	Rest Stop 3 - LCCL Strawberry Farm, 3743 Old Dalton Rd NE, Rome, GA 30165 Open 9am - 1pm
38.8	1.1 	Exercise Caution crossing 156 Cross Traffic Doesn't Stop
44.5	5.8	Left onto Armuchee Connector
46.2	1.6	Right off Armuchee Connector onto Heritage Trail
48.3	2.1	Left to Stay on Trail into Downtown
49.1	0.8	Slight left to stay on Heritage Trl/Oostanaula Levee Trl
49.4	0.3	Right to go up embankment to top of Levee Trail
49.5	0.2	Left onto Chief John Ross Memorial Bridge/Heritage Trl
49.5	0.0	End of Day One's Ride! Yippee

MONDAY - CAVE SPRING




Schedule

Breakfast On-site (ROME)	5:30am – 7:30am	Forum River Center
Shuttles from Days Inn (ROME)	5:30am - 7:30am	Constant loop
Mass Start	7:00am	Forum River Center (Rome)
Food On-site	12:00pm - 8:00pm	Rolater Park
Hotel Shuttle	Noon to 10 pm	Rome Hotels
Pool Open (Potentially)	11:00 am to 7:00pm	Rolater Park
Cave Open	11:00 am to 7:00pm	Rolater Park
BRAG Bar Open	12:30pm-9:00pm	City Hall
EDU: BikeMS Peach Ride	4:00pm	Registration
Concert @ City Hall Bettin' On the Mule	6:00pm - 9:00pm	City Hall





POOL

-  8 ALABAMA STREET
-  UNDER BIG RED TENT
-  HISTORIC OLD BAPT CHURCH

ROLATER PARK
13 OLD CEDARTOWN RD,
CAVE SPRING, GA 30124

MONDAY - FOOD

On-site

Olde Town Queing: Burgers, Dogs, BBQ with all the fixings. Tenders, Fries, Loaded, Fries, & MORE BREAKFAST AT 5:30 – Muffins, Sandwiches: Sausage, Bacon, Egg, Cheese, Smoked Bologna.

Rudy's: A twist on all your favorite Mexican favorites + street corn, fruit cup

Cave Spring Activities Committee: Grab and Go Sandwiches, chips and drinks.

Downtown Cave Spring

- Creekside - BBQ, Hand Cut Steaks, Seafood, Pasta Special, Sides, Select other menu items & Desserts – Open 12:00 – 8:00
- Linde Marie's Steakhouse on the Square - Special BRAG Menu: Award Winning Steak with Potato & Salad, Pastas, Chicken Specialty, Burgers & Fries and Desserts. Open 12:00 – 8:00
- Stage Coach Pizza - Fresh Specialty pizzas + sandwiches, salads & wings. Beer & Wine
- Southern Flavor – Country Vegetables, Wings, Catfish, Fresh ground beef burgers, fries, Roasted Chicken, Salads and more. No alcohol Open 12:00 – 8:00

MONDAY - FOOD

Things to do in Cave Spring

Cave Spring is home to a wonderful cave that has a natural spring pumping out some of the cleanest water in Georgia. Fill up your water bottle with some amazing tasting water just outside the cave. **MUST DO>>** Go inside the cave and explore for \$2.

Sip & Stroll + Concert Check out the band, **Bettin' on the Mule** (Southern Rock, Country and Blues) in front of city hall 7-9pm. Enjoy a beverage from the **BRAG Bar**. Historic Downtown Sip and Stroll – Sip your favorite Beer or wine as you visit our shops and restaurants (Get a wristband and S&S cup from the Hospitality Tent. No Charge) Beer/Wine also available at Creekside and Linde Marie's 2:00 – 8:00.

Canoe or Kayak down Big Cedar Creek. Call 706.777.3030 to make a reservation and let them know you'll need a ride. Trips are 3-5 hours long. Great for beginners. The natural beauty of the creek is unmatched in Georgia.

Stroll Around Town and check out the Peddler Antique Store, the Cave Spring General Store, Martha Jane's Fudge Shop, Spring Brew Coffee and Ice Cream, or some of the other shops downtown.

Visit the **Cave Spring Welcome Center and Museum** Downtown at the Traffic Light.

BikeMS At 4pm, John McMicken gives an overview of the BikeMS mission and the Georgia Peach Ride, part of a national fundraising series that attracts thousands of cyclists each year.

Visit the **historic Van Cherokee Cabin**, Listed as a National Trail of Tears site, the Cherokee Van Cabin stands at its original location on the Cave Spring square. Built in 1810 it is the oldest verifiable building in Cave Spring. The cabin was recently restored and is open daily to visitors.



ROME



LOCK & DAM



BRUSHY BRANCH



	START/FINISH
	REST STOP
	ROUTE
	MILE MARKER
	CITY
	Road

ALABAMA
GEORGIA

COOSA RIVER

Blacks Bluff Rd SW

Cherokee Cnty. 22

20

10

5

Cherokee Cnty. 78

25

Blacks Bluff Rd SW

15

30

Spout Springs Rd SW

35

Mills Rd

Cave Spring

CAVE SPRING



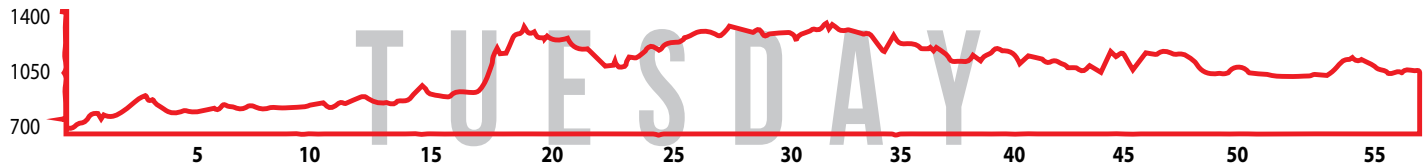
MONDAY - ROUTE

0.0	0.0	Start - Exit Forum on 3rd Ave, Turn right onto Broad St
0.9	0.9	Slight right to stay on S Broad (becomes Blacks Bluff Rd SW)
5.3	4.4	Right to stay on Blacks Bluff Rd SW
7.1	1.8	Right onto Lock and Dam Rd SW
7.4	0.3	Rest Stop 1 - Lock and Dam Rec Area, 181 Lock and Dam Road, Rome, GA 30161 Open 7am - 10am
8.0	0.6	Right onto Blacks Bluff Rd SW
8.9	0.9	Right onto GA-1 Loop, Safely get to left lane.
9.1	0.2	 U-turn on GA-1 Loop, Safely get to right lane.
9.3	0.2	Right onto Blacks Bluff Rd SW
14.1	4.7	Left onto GA-100 S
14.6	0.5	 Right onto Blacks Bluff Rd SW
17.6	3.0	Right into Brushy Branch
17.7	0.1	Rest Stop 2 - Brushy Branch-use RV entrance 7354 Blacks Bluff Rd SW, Cave Spring Open 8am - 1pm
17.8	0.1	Right onto Blacks Bluff Rd SW
21.0	3.2	Cross Alabama State Line! Cont onto Cherokee Cnty 22
23.3	2.3	Left onto Cherokee County 78
26.1	2.9	Cross Georgia State Line! Continue onto George Rd SW
27.6	1.5	Right onto Blacks Bluff Rd SW
29.1	1.4	Left into Bushy Branch
29.2	0.1	Rest Stop 3 - Brushy Branch Campground - AGAIN !!
29.4	0.2	Left onto Blacks Bluff Rd SW
32.3	3.0	 Left onto GA-100 N
32.9	0.5	Right onto Blacks Bluff Rd SW
33.0	0.2	Right onto Spout Springs Rd SW
35.5	2.5	Right onto Mills Rd SW
37.9	2.3	Left onto Alabama St
38.1	0.3	Continue Straight at light
38.3	0.1	Right onto Rolater Dr to Finish Day 2!

TUESDAY - CARROLLTON

SCHEDULE

Breakfast On-site (Cave Spring)	5:30am - 7:30am	Rolater Park
Shuttles from Hotels (Rome/Cave Spring)	5:30am - 8:00am	Constant loop Rome Hotels
Mass Start	7:00am	Rolater Park
Food On-site	11:00am - 7:00pm	Carrollton High School
Shuttles (Carrollton)	1:00pm - 9:00pm	Downtown Hotels-Kroger-Downtown
EDU: Cycling First Aid	4:00pm	Registration
Explore Downtown Carrollton! Check out local restaurants, breweries, shops and more. Enjoy outdoor games including cornhole and ping pong at Amp Park.	All Day!	Downtown Carrollton
Movie in the Amp Hard Miles (PG-13)	7:00pm - 8:30pm	The AMP





NO CAMPING



ROOM #



INDOOR FOOTBALL FIELD



BASEBALL FIELD HOUSE



CARROLLTON HIGH SCHOOL
STUDENT ACTIVITY CENTER
201 TROJAN DR
CARROLLTON, GA 30117

NO CAMPING WHATSOEVER
PAST THIS POINT

TUESDAY - FOOD

Food offered on site

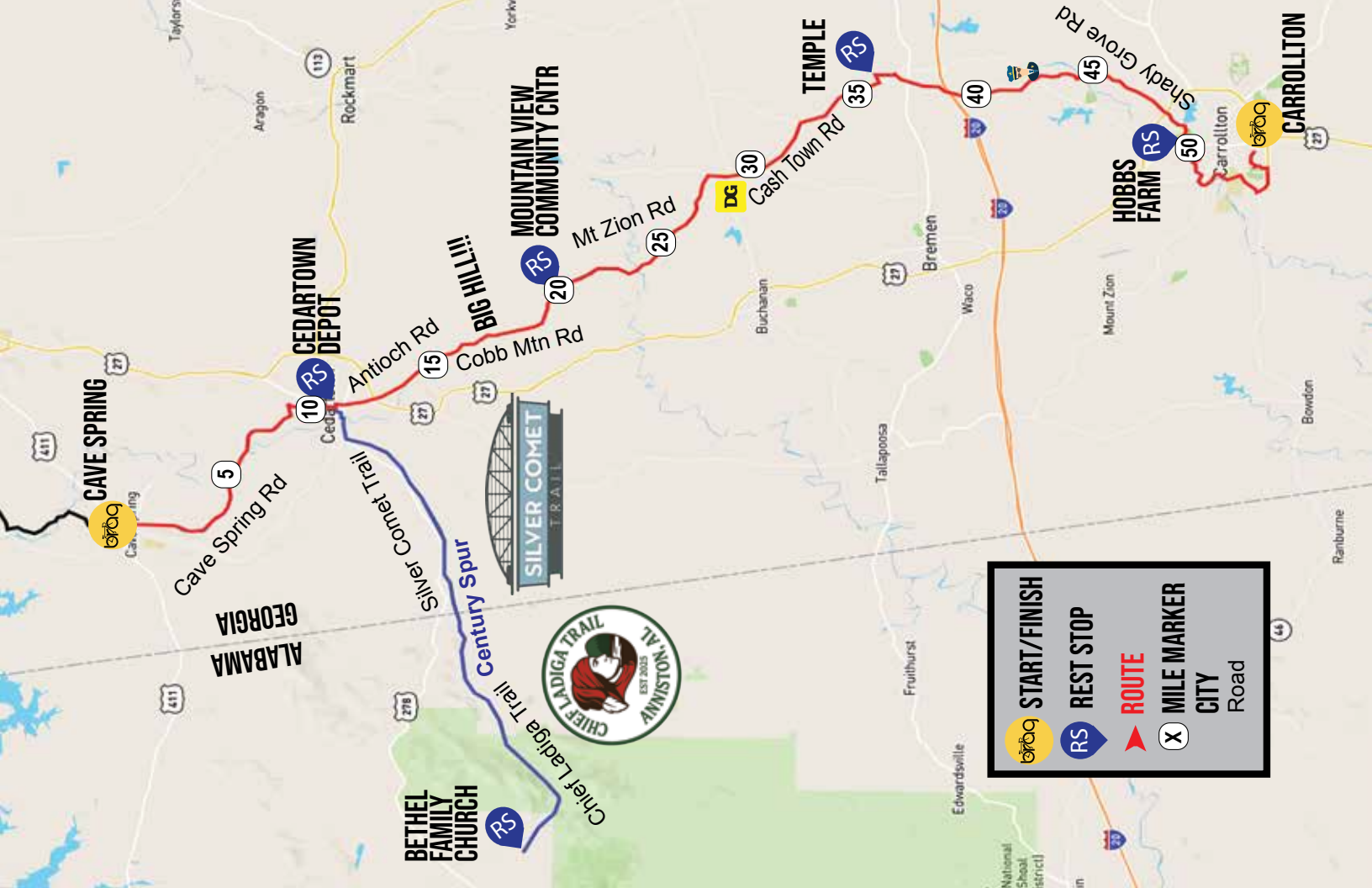
- Fly High Burgers - Gourmet Burgers, (beef brisket, black bean, Beyond) loaded fries & drinks
- Chick-fil-a (Breakfast on Wednesday & Thursday)
- Lobster Dogs - Maine style seafood rolls -- lobster, shrimp & crab.

Downtown Carrollton

- Brown Dog Eatery - New takes on classic Southern, low country dishes, cocktails & craft brews.
- 202 Bangkok - Sushi, sashimi and other Asian Fusion favorites.
- S N M 108 - This Korean Fusion restaurant is sure to impress.
- Chop House - Casual spot featuring steak, chicken, mac 'n' cheese, burgers and full bar
- Chip's Burger Bar - Handcrafted smash burgers made with Angus beef with tasty sides
- La Fiesta Mexican Restaurant - Mexican specialties and a killer patio facing the Amp - 201 Bradley St.
- La Trattoria Italian - Pies, pastas & other Italian favorites, plus a full bar with craft beer on tap.
- Irish Bred Pub & Grill - Irish and pub fare, brews and spirits in an Irish-themed setting.

BRAG: Join Trivia, Tuesday night at 7:30pm

- Highland Deli & Grill - Breakfast & lunch sammies, salads, soups and Scottish menu items.
- Nama Asian Fusion - Sushi, bowls, pad thai, salads and all things yummy plus martinis.
- Samba Loca - Brazilian entrees like strip steaks and short ribs & grill-fired meats
- Leopoldo's - Pizza and beverages... a perfect combination!
- LocoMex - Mexican dishes and a full bar, right on the square.
- Corner Cafe - Downtown's oldest restaurant features a funky, eclectic menu
- City Tavern - Chicken strips, wings, burgers, sandwiches & salads and a full service bar
- Sutton's American Grill - American cuisine menu with steaks and burgers & live music.
- Shucker's Oyster House - A culinary trip to the beach! Seafood & cold beverages.



	START/FINISH
	REST STOP
	ROUTE
	MILE MARKER
	CITY
	Road

CAVE SPRING

CEDARTOWN DEPOT

MOUNTAIN VIEW COMMUNITY CNTR

TEMPLE

HOBBS FARM

CARROLLTON

ALABAMA
GEORGIA

BETHEL FAMILY CHURCH



Taylor

Aragon

Rockmart

York

Mt Zion Rd

Buchanan

Tallapoosa

Fruthurst

Edwardsville

Bremen

Waco

Mount Zion

Bowdon

Ranburne

National Shoot (district)

411

113

5

10

15

20

27

25

30

35

40

27

45

50

44

27

27

TUESDAY - ROUTE

Traffic picks up as we enter Carrollton today. Exercise caution. Once we turn on to the Greenbelt we will be on it for the remainder of the day. Exercise caution crossing driveways and roads.

Total	100mi	Inc	Description
0.0		0.0	Left out of the park onto Cave Spring Road
8.4		8.4	Turn left onto W John Hand Rd
8.9		0.5	Turn right onto College Cir
10.6		1.7	Turn left onto Silver Comet Trail
10.7		0.1	Rest Stop 1 - Cedartown Depot, 609 S Main St, Cedartown Open 7:00 - Noon
Century Route rides 20 miles west into Alabama to the Century Rest stop and then returns. Regular route heads south on S Main. Century route on page 37			
10.8	52.3	0.2	Turn left onto S Main St
11.7	53.2	0.9	Slight left onto Cason Rd/ Turns into Antioch
16.0	57.6	4.3	Right onto Cobb Mountain Rd/ Mt View Rd
16.8	58.4	0.8	Tracks Bad Angle
17.5	59.1	0.7	Start Hillacious Climb
19.8	61.4	2.3	Continue on Felton Rockmart Rd
20.3	61.8	0.5	Turn right onto Mt View-Club House Rd
20.4	61.9	0.1	Rest Stop 2 - Mt View Community Center 74 Mt View-Club House Rd, Buchanan, Open 9:00am - 2:00pm
21.1	62.6	0.7	Slight right onto Mt Zion East Rd
24.7	66.2	3.6	Continue onto Corinth-Five Points Rd
26.8	68.3	2.1	Turn left onto Coppermine Rd
27.0	68.5	0.2	Turn right onto McAdams Rd
28.2	69.7	1.2	Turn right onto Rockmart Rd Cross Traffic Does not Stop

Total	^{100mi}	Inc	Description
29.0	70.6	0.8	Cont. on Cashtown Cross Traffic Doesn't Stop
29.7	71.2	0.7	Slight left onto Waddell Rd
32.3	73.9	2.6	Turn left onto Morgan Rd
32.4	74.0	0.0	Turn right onto GA-113 S
35.6	77.1	3.2	Turn left onto Rainey Rd
35.9	77.5	0.3	Turn right onto Rome St
36.2	78.5	0.3	Rest Stop 3 Temple Rec Department 240 Rome St, Temple Open 9:00am - 3:00pm
36.7	78.2	0.5	Cont. on James St - Caution Tracks / Bad hill - tandems and recumbents walk bike
37.1	78.7	0.4	Continue onto Center Point Rd @ 4-way
38.6	79.7	1.5	Cross I-20
39.0	80.6	0.4	Turn left onto Oak Grove Rd
41.1	82.6	2.1	Turn left onto Gardner Rd
41.8	83.3	0.7	Turn right onto GA-113 S
41.8	83.4	0.0	Turn left onto Old Muse Rd
43.4	85.0	1.6	Turn left onto Muse Bridge Rd
44.2	85.7	0.7	Turn right onto Hickory Level Rd/Shady Grove
47.4	88.9	3.2	Caution crossing Northside Dr onto Stewart St
48.2	89.8	0.8	Turn right onto Carrollton Greenbelt. You will be on the Greenbelt for the rest of the day. Caution crossing roads and driveways.
48.7	90.2	0.5	Rest Stop 4 Hobbs Farm Park Approx:1150 Rome St, Carrollton - 10am - 4p
49.3	90.9	0.6	Turn left onto Rome St (stay on path)
49.6	91.1	0.3	Turn right onto Kingsbridge Rd (Stay on Path)
52.8	94.4	3.2	Cross Loworn Rd, Stay right on path
53.4	95.0	0.6	Keep straight at round about
54.7	96.3	1.3	Caution Crossing Maple St / GA 166 on Greenbelt
57.1	98.7	2.4	End at Carrollton Highschool!

Total	Inc	Description - Century Option
10.9	0.2	Silver Comet Trail turns slightly right and becomes Lowther St
10.9	0.0	Turn right onto Henderson St
11.0	0.1	Turn left onto Silver Comet Trail
20.5	9.5	Continue onto Chief Ladiga Trail
31.3	10.8	Turn left onto Hebble Hwy
31.4	0.1	Century Rest Stop - Bethel Family Church 1786 Hebble Hwy, Piedmont, AL 36272 Open 8:00am - 11:00am
31.4	0.0	Make a U-turn at Bethel Church Rd
31.5	0.1	Turn right onto Chief Ladiga Trail
42.3	10.8	Continue onto Silver Comet Trail
50.6	8.3	Slight right to stay on Silver Comet Trail
51.8	1.2	Turn right onto Henderson St
51.9	0.1	Turn left onto Lowther St
51.9	0.0	Slight left onto Silver Comet Trail
Pick Up route at Rest stop 1, 2 pages back		

BRAG Brew!



**CAFÉ
CAMPESINO**
SMALL FARMER COFFEE



Fresh-roasted and proudly served by Café Campesino.
The perfect morning blend created 20 years ago for the good people of BRAG by Georgia's 1st and only 100% fair trade organic coffee company.



**Early a.m. fresh,
organic, tasty BRAG
brew by-the-cup
'and week-long
'bottomless cup
available.**

Available at select locations throughout Atlanta and beyond and online at cafecampesino.com.
Use promo code **shartheroad** at Café Campesino's website and get 15% off of your coffee order through the end of June 2022.

Double whammy - a portion of BRAG Blend's sales are donated to the BRAG Dream Team!

WEDNESDAY - LAYOVER DAY

Schedule		
Food On-site	6:00am – 8:00am 11:00am - 7:00pm	Carrollton HS/ Student Activity Center
Shuttles	8:00am - 9:00pm	Downtown & Hotels
Start for Recovery Ride	8:00am	Greenbelt
Explore Downtown Carrollton! Check out local restaurants, breweries, shops and more. Enjoy outdoor games including cornhole and ping pong at Amp Park.	All Day!	Downtown Carrollton
Concert in the AMP Run Katie Run	7:00pm-9:00pm	The AMP Downtown

WEDNESDAY - LAYOVER DAY

Things to do in Carrollton

Today you can choose from a 17 or 34 mile option by doing the Greenbelt once or twice. Please ride Counter-clockwise!

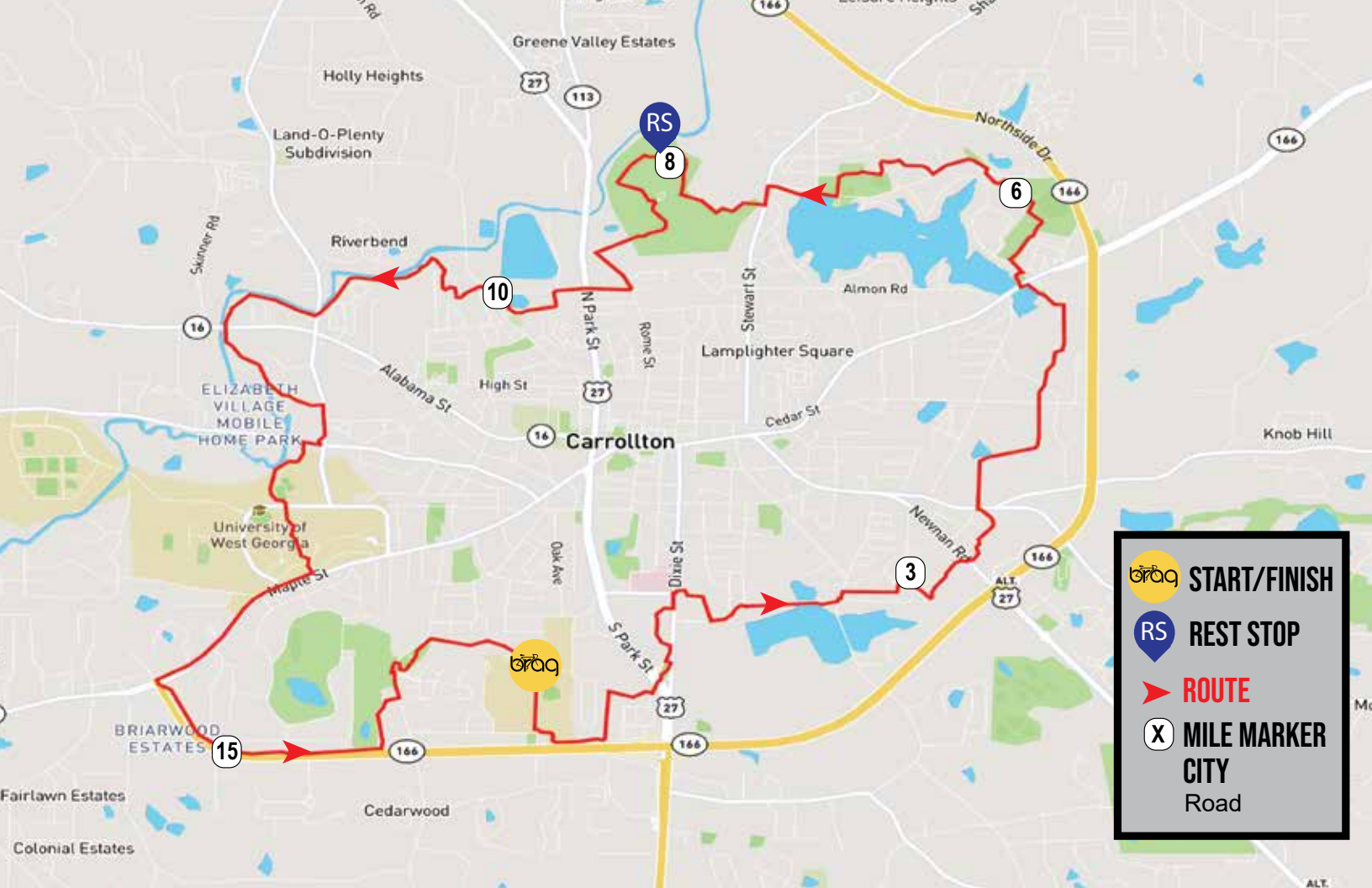
Concert at the AMP for featuring **Run Katie Run** playing high energy originals. Be sure to come downtown ready to rock n' roll!

Lakeshore Natatorium - Pickle ball 9 -12, fitness center 6a - 8p, and a pool! Wednesday 1:30 - 5pm open swim. Located just off the Greenbelt \$4 - 116 Lumpkin Dr, Carrollton, GA 30117

Midtown Water Park - Make a summer splash at Carrollton's newly-renovated aquatic adventure zone! BRAG: Open Noon - 6:00pm \$7 admission

Visit the internationally known (not kidding) Southeastern Quilt & Textile Museum - Southeastern Quilt and Textile Museum - 306 Bradley Street STE C - See local exhibits and learn textile history.

Banning Mills - Natural beauty, history and high-flying adventure on the world's largest canopy zipline tour set in the Snake Creek Gorge. A short Uber away.



 **START/FINISH**

 **RS REST STOP**

 **ROUTE**

 **MILE MARKER**

CITY
Road

WEDNESDAY - LAYOVER DAY

Today for the recovery ride you can ride the Greenbelt for one loop totaling 17 miles or do it twice to get in 34 miles.

Please ride counter-clockwise and be cautious at road crossings and driveways.

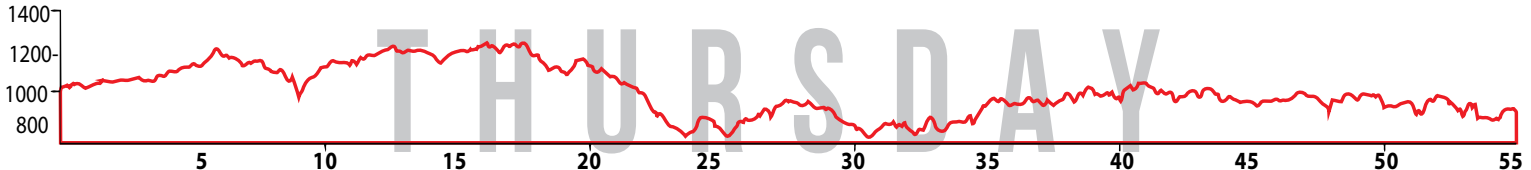
There will be a rest stop at Hobbs Farm Park 8 miles into the route. Open from 7:00am to 1:00pm

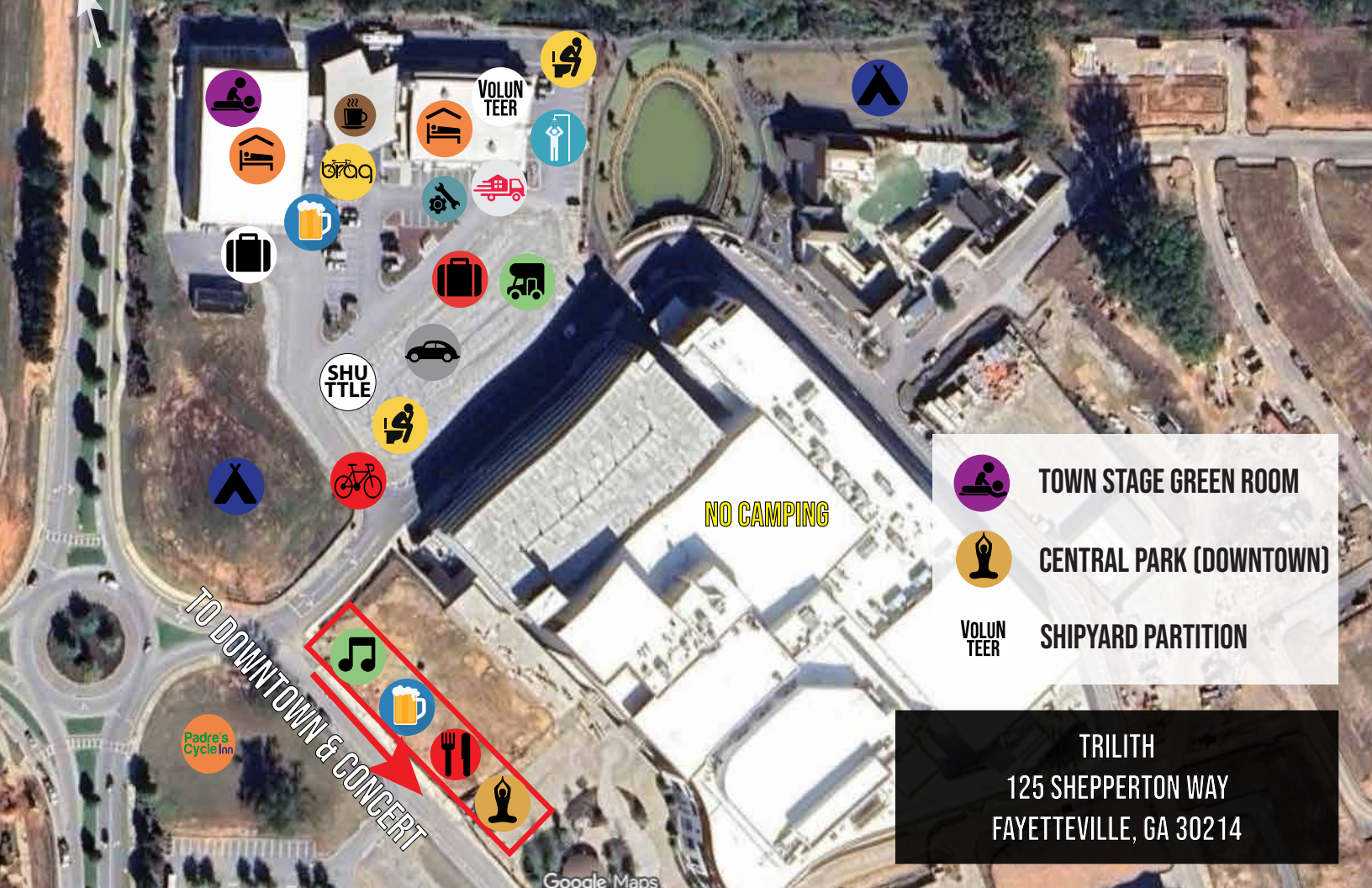


THURSDAY - TRILITH

Schedule

Breakfast On-site (Carrollton)	6:00am - 8:00am	Chick-Fil-A
Shuttles from Hotels (Carrollton)	6:00am - 8:00am	Hotels to CCS Loop
Mass Start	7:00am	Carrollton City Schools
Food in Trilith	Noon - 7:00pm	Easy Walk from BRAG HQ
Bike Demos	Noon-5:30pm	Trek/Specialized Tent
EDU: Bike Culture@Trilith	4:00pm	BRAG HQ
Shuttle to Hotels	11:30am - 9:00pm	Holiday Inn Express 30 min loop
Live Music James & the Georgia Peaches	5:30pm - 7:30pm	Trilith's Central Plaza





VOLUNTEER

NO CAMPING

TO DOWNTOWN & CONCERT

Padre's Cycle Inn



TOWN STAGE GREEN ROOM



CENTRAL PARK (DOWNTOWN)

VOLUNTEER

SHIPYARD PARTITION

TRILITH
125 SHEPPERTON WAY
FAYETTEVILLE, GA 30214

THURSDAY - FOOD

Food offered on site

Little Miss Juicy - Smoothies, popsicles, lemonades and MORE

Trilith Community- Walking Distance from BRAG HQ

Enzo Steakhouse 300 Trilith Pkwy, Suite 200, Fayetteville, GA

- Patio Pasta Bar from 4:00-8:00 p.m on Thursday 6/4/26.

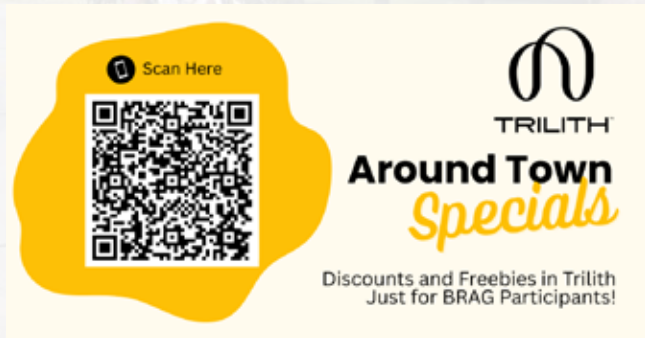
- Joe Garner playing music on the patio sidewalk from 5:00 - 9:00 p.m.

Barleygarden Kitchen and Craft Bar 240 Trilith Pkwy Upscale bar menu favorites + local craft brews

Sensu Sushi 300 Trilith Pkwy Suite 270/275 High-quality Japanese offerings

CT Cantina & Taqueria 305 Trilith Pkwy STE. 350 Mexican Street Food & Classics

Amici Everyone's favorite Georgia pizza establishment! Pizza, salads, craft beer & More



THURSDAY - THINGS TO DO

Things to do around Trilith

Concert - Catch your favorite rock covers with James and the Georgia Peaches beginning at 5:30pm in the Central Plaza

Fairway Social features high-end Full Swing virtual golf simulators, a full-service restaurant, a rooftop bar with live music, and other games, providing a, "eat, drink, play" destination for all ages. Open 11 AM-10 PM. 305 Trilith Pkwy Suite 395, Fayetteville, GA 30214

The Studio Tour Experience is a 90-minute trolley excursion which includes a visit to Trilith Studios, America's largest purpose-built studio complex. You will also see our new addition - a fully built-out, 4-wall, movie set to explore. Our remarkable StoryGuides will share fun facts about the movies that have been filmed on the studio lot \$30 per person. [Link to Register](#)

The Bike Tour Experience - embark on a 5-mile bike ride through the town at Trilith and Trilith Studios, riding on one of our Specialized Haul e-bikes. The Tour takes 75-90 minutes. Limited to 6 guests per tour. \$30 per person [Link to register](#)

Human Flourishing - You Know What Biking Does for Your Body. Now Go Deeper 2 PM, 3:30 PM, and 4:15 PM | Limited Space | 30-minute guided journey into what it means to truly live. This experience offers scientifically verified picture of Human Flourishing, Sessions offered at 2 PM, 3:30 PM, and 4:15 PM, are intimate and limited. To RSVP: Email interest to flourish@trilithfoundation.org. We will provide links to purchase the book and select a session time.

THURSDAY - ROUTE

Total	Inc	Description
0.0	0.0	Start - Left onto Ben Scott Blvd
0.3	0.3	Left onto Carrollton Greenbelt Continue on Greenbelt for 3.5 Miles - Exercise Caution as Greenbelt crosses many roads, yield/stop at all crossings DO NOT bunch up on Greenbelt. Leave plenty of space between riders.
0.6	0.3	Left to stay on Carrollton Greenbelt
1.7	1.1	Cross Dixie St and Continue on Greenbelt - Between Parking Deck and Tilman Eye Center
2.0	0.3	Left on Southwire Cross RRX, get back on Greenbelt
3.7	1.7	Exit Greenbelt, Right onto Old Newnan Rd
3.8	0.1	Slight left onto Horsley Mill Rd
8.6	4.8	Left to stay on Horsley Mill Rd
10.3	1.7	Left onto Cross Plains Hulett Rd
12.7	2.4	Right onto GA-166 E
13.1	0.4	Left onto N Hulett Rd
14.3	1.2	Rest Stop 1 - Little Vine Vineyards & Winery, 665 N Hulett Rd, Villa Rica, GA 30180 Open 7am-10am
14.4	0.0	Left out of Rest Stop and head back towards GA 166
15.6	1.2	Left onto GA-166 E
17.4	1.9	Right onto Hannah Rd
19.6	2.2	Left onto E Carroll Rd
21.5	1.9	Right onto GA-5 S
21.7	0.3	Left onto Mt Zion Rd
23.2	1.4	Left onto Florence Rd/Old 5 Notch Rd Short gravel section begins at Douglas County line
24.7	1.5	Right onto Capps Ferry Rd, Cross Chattahoochee Rivr. Exercise Caution, Ride Single File
27.1	2.4	Right onto GA-70 S
31.4	4.3	Left onto Hutchesons Ferry Rd

Total	Inc	Description
34.0	2.5	Rest Stop 2 - Deer Creek Farm, 11750 Hutchenson Ferry Rd, Chattahoochee Hills, GA Open 8am-11am
34.0	0.0	Exit Rest Stop and right onto Hutchenson Ferry
39.4	5.4	Left onto Carlton Rd
40.4	1.0	Right onto Locke St
40.6	0.2	Left onto Turner Ave
41.0	0.3	Right onto Main St, Immediate left onto Sims St
45.9	4.9	Rest Stop 3 - Fairburn Safety Training Center, 8563 Bohannon Rd, Fairburn, GA 30213 Open 10am-3pm
45.9	0.0	Exit Rest Stop , make left on Bohannon Rd
46.2	0.3	Right onto Landrum Rd
46.8	0.6	Continue Senoia onto Milam Rd, Exercise Caution Cross at light - Caution - Railroad Crossing
48.7	1.9	Right onto Lees Lake Rd
51.0	2.3	Left onto Lees Mill Rd
52.2	1.2	At the traffic circle, take 1st exit onto Veterans Pkwy Single File, Busy Road
54.8	2.6	At traffic circle, take the 3rd exit onto Trilith Pkwy
54.9	0.1	Left onto Shepperton Wy
54.9	0.0	Left into Ship yard. You made it to Trilith! Yippee!



AZTEC CYCLES



CHOOSE YOUR NEXT ADVENTURE

INTERNATIONAL.BRAG.ORG



CROATIA

SEPTEMBER 2026 & 2027

BEAUTIFUL ISLANDS & SHORELINES
SOME OF THE OLDEST EUROPEAN CITIES
LUXURY YACHT ACCOMMODATIONS
CURATED CULTURAL ACTIVITIES
EXPERT LOCAL GUIDES
ONBOARD CHEF



BIKE & BOAT

AUGUST 2026 & 2027

BRUGES TO AMSTERDAM
LUXURY FLOATING HOTEL
SCENIC RIVERSIDE CYCLING
EUROVELO BIKE TRAILS
PRIVATE CHEF ONBOARD
ALL MEALS INCLUDED



FRANCE

JUNE 2027

FRANCE'S PICTURESQUE LANDSCAPES
HISTORIC CHÂTEAUX
CASTLE, GARDEN, WINE TOURS BY BIKE
MULTI-COURSE DINNERS
4-STAR CHALET ACCOMMODATIONS
ALL MEALS INCLUDED



PORTUGAL

OCTOBER 2026 & 2027

RUSTIC, BEAUTIFUL
ALENTEJO REGION
LUXURY HOTELS
RAILS-TO-TRAILS BIKE PATHS
WINE TOURS
ALL MEALS INCLUDED

EXPERT CURATION | FULLY-GUIDED | CULTURAL EXPERIENCES | LUXURY ACCOMMODATIONS | RELAXED ROUTES

FRIDAY - LAGRANGE

Schedule

Breakfast On-site (Trilith)
Chick-fil-a

5:30am - 7:30am

Trilith/BRAG HQ

Shuttles from Hotels

5:30am - 7:30am

Holiday Inn Express loop

Mass Start

7:00am

Trilith

Food On-site

12:00pm - 8:00pm

Sweetland Amphitheater

Shuttle A

11:00am - 9:30pm

Lagrange HS - Sweetland -
Downtown - Wild Leap

Shuttle B

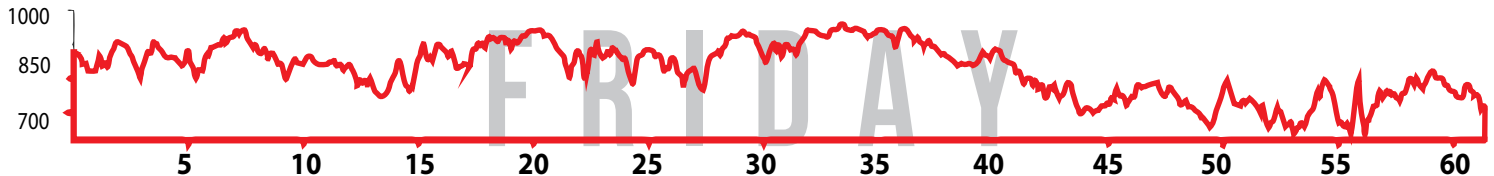
Every 1/2Hr
12:00 pm - 9:00 pm

Hotels

Music @ Wild Leap -
Live Music

4:00pm - 8:00pm

Wild Leap Brewery






Padre's Cycle Inn



SHUTTLE

brag



-  GYM
-  FOOTBALL FIELD
-  GYM

LAGRANGE HIGH SCHOOL
516 N GREENWOOD ST #2204,
LAGRANGE, GA 30240



FRIDAY - FOOD

Sweetland Amphitheater

- Serving food merriment and live music Noon - 6:00pm.

Downtown LaGrange

- Country's Barbeque – 124 Vernon Street – Smoked meat plates & sandwiches, burgers, beer & pie
- Charlie Joseph's – 128 Bull Street – World famous hot dogs since 1920! A LaGrange icon!
- Bull's Hibachi Sushi – 104 Bull Street – Asian fusion, noodle bowls, sushi & beer
- Cheesy Mac Deli – 120 Bull Street – Specialty sandwiches, soups, macaroni & cheese with a twist
- Sweet Roast Café – 115 Bull Street – Coffee, tea, pastries, cinnamon rolls & chicken salad
- Your Pie Pizza – 124 Bull Street – Pizza, Paninis, pasta & salads, craft beer, wine & gelato, W/ patio
- Brickhouse Grille – 141B Main Street – Specialty burgers, wings, pub fare, full bar service W/Patio
- Venucci's – 129 Main Street – Signature pasta dishes, salads and chef made desserts
- Mare Sol – 124 B Main Street – Mediterranean fare from tapas to entrees served in a stylish setting
- YAMA – 104 Main Street – Korean BBQ, multiple sushi combinations, wine & beer
- Karvela's Pizza – 101 LaFayette Parkway – “Dang sure Delicious” specialty or build your own pizzas
- Ice Queen – 12 N.LaFayette Square – Hand rolled, custom made to order ice cream, bubble teas and smoothies here
- Gus's Grille – 110 Greenville Street – Old fashioned grill, serving made to order breakfasts, sandwiches and burgers (closes at 2:00)

FRIDAY - LAGRANGE

Join us at Wild Leap Brewery in Downtown LaGrange for Live Music from 4:00 - 8:00pm courtesy of Downtown LaGrange Development Authority.

Visit the Legacy Museum on Main Street to learn about LaGrange's beginnings, sign up for a Friday night Ghost Tour of "Strange LaGrange"

Hills & Dales Estate is the historic home and garden of textile magnate Fuller E. Callaway. The centerpiece of the estate is a beautiful Georgian-Italian style home built in 1916.

Great Wolf Lodge features an indoor water park containing multiple water slides, pools, wave pools and other aquatic attractions. Day pass available.

Art lovers should be sure to take in the latest exhibits at LaGrange Art Museum and the Cochran Gallery.

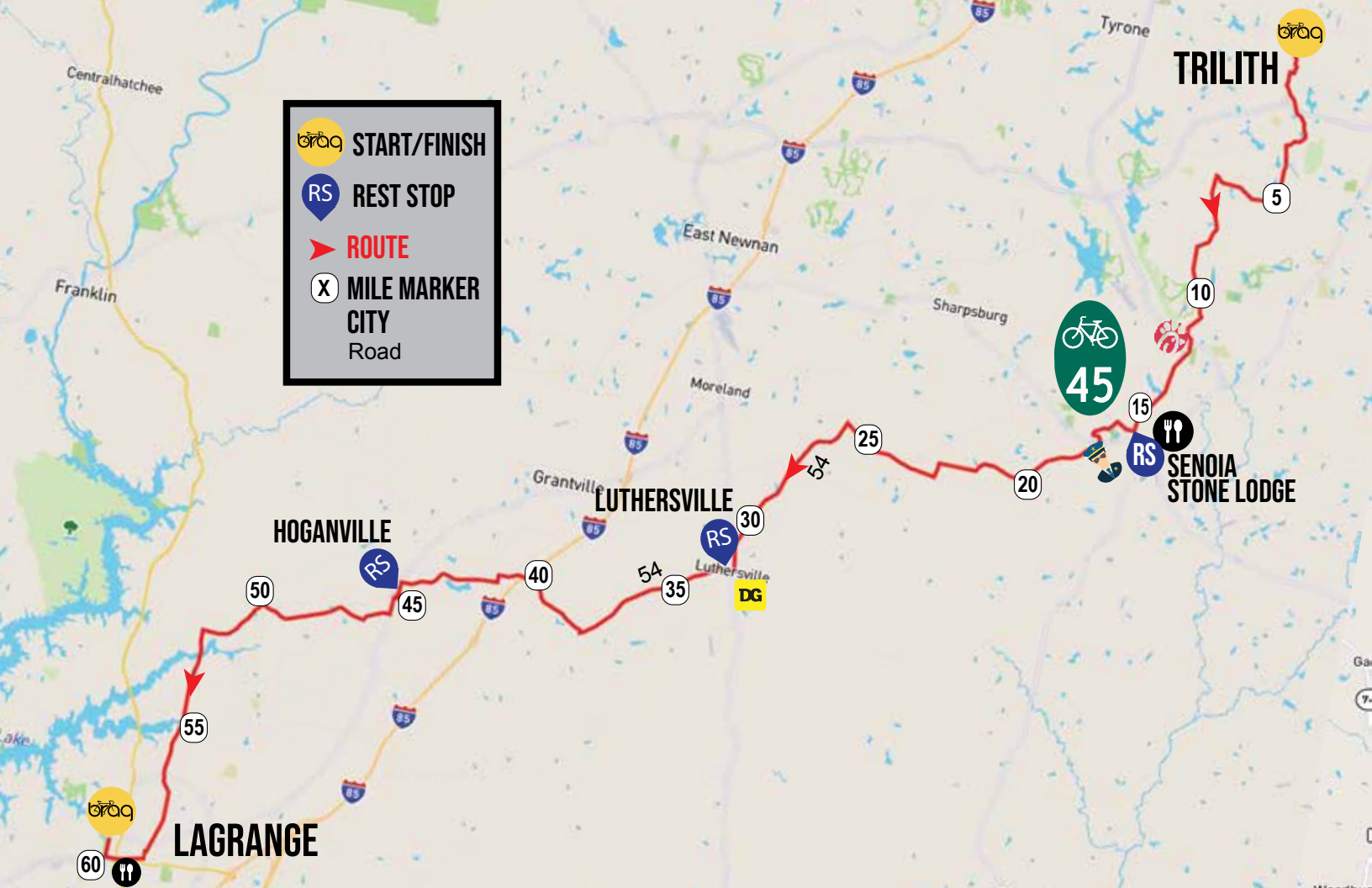
Hop off the shuttle and stroll the sidewalks to enjoy a diverse mixture of shops and eateries in Downtown LaGrange. **10% Restaurants with BRAG wristband.**

Hunt for treasures at Marketplace at LaFayette Square, R&B Consignment, Bradley's Antiques and Ye Olde Red Door Antiques & Fountain Gifts.


Spot the Chuck Moore sculptures at Sweetland, around downtown and Southbend Park

Check out Golden's Bikes assortment of beautiful bikes and biking accessories.

-  **START/FINISH**
-  **REST STOP**
-  **ROUTE**
-  **MILE MARKER**
- CITY**
Road



FRIDAY - ROUTE

Total	Inc	Description
0.0	0.0	Start - Exit Shipyards, Right on Shepperton, Turn left onto Trilith Pkwy
0.4	0.4	Right onto Heatherden Ave
0.6	0.2	Right onto Hood Rd
0.7	0.1	Left onto Sandy Creek Rd/Veterans Pkwy Unsigned
1.1	0.4	Left onto S Sandy Creek Rd
1.9	0.8	Cross Hwy 54. Exercise Caution; Cont on Old Norton Rd Cross SR 54 with light.
3.5	1.6	Left onto Lester road
5.0	1.5	Keep right onto Ebenezer Church Rd
7.2	2.1	Left onto Ebenezer Rd
9.6	2.5	Left onto Robinson Rd
11.8	2.2	Right onto Holly Grove Rd
12.9	1.1	Cross 74 & Cont onto GA Bike Rte 45/Rock-A-Way Rd
16.1	3.2	Right onto Seavy St
16.2	0.1	Left onto Pylant St
16.6	0.4	Right just after library entrance on J & J Humphry Way
16.7	0.1	Continue Straight over the Bridge Path
16.8	0.1	Rest Stop 1 - Stone Lodge Senoia 300 Howard Rd, Senoia, GA 30276 Open 7:00am - 10:00am
17.1	0.3	Left onto Howard Rd
17.2	0.2	Right onto Cumberland Trail
18.1	0.9	 Cross GA 16 Cont onto Rock House Rd Exercise Caution
22.0	3.8	Left onto Elders Mill Rd
22.3	0.4	Right onto Deep South Rd
23.4	1.1	Left onto Johnson Rd
23.9	0.4	Right onto Gordon Rd
27.0	3.1	Left onto GA-54 S

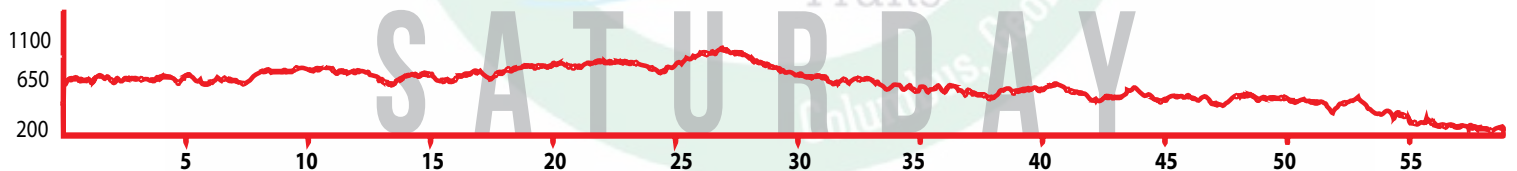
FRIDAY - ROUTE

Total	Inc	Description
33.0	6.0	Right onto E Oak St
33.0	0.0	Rest Stop 2 - Luthersville City Park Pavilion 9 E Oak St, Luthersville, GA Open 8am - 11am
38.1	5.1	Right onto Forrest Rd
38.2	0.1	Left onto Sewell Rd
41.4	3.1	Left onto County Line Rd
41.6	0.2	Right onto Blue Creek Rd/Hogansville-Grantville Rd
44.6	3.0	Left, then immediate right to stay on Askew
44.7	0.0	Slight left onto College St
45.1	0.4	Left onto Commerce St
45.1	0.0	Rest Stop 3 - Karvelas Pizza Co. 104 Commerce St, Hogansville, GA 30230 Open 9am - 3pm
45.3	0.1	Right onto Johnson St
45.3	0.1	Right onto E Main St
45.5	0.2	Left onto Oak St
46.1	0.6	Right onto E Boyd Rd
46.3	0.2	Slight left onto Lee St
46.9	0.7	Right onto Mobley Bridge Rd
52.3	5.4	Left onto Youngs Mill Rd
59.1	6.8	Continue onto Hogansville Rd
59.3	0.2	Right onto Hill St
59.4	0.0	Left onto Fair St
59.6	0.2	Right onto Greenville St
60.5	0.9	Continue onto Broad St/N Lafayette Square
60.8	0.2	Right onto N Greenwood St/The Thread
61.3	0.5	Left onto Hunnicutt Pl
61.4	0.1	End of route

SATURDAY

Schedule

Breakfast On-site (LaGrange)	5:30 – 8:00am	LaGrange HS
Shuttles from Hotels (LaGrange)	5:30am - 7:30am	Constant loop
Mass Start	7:00am	LaGrange HS
BRAG Bar	11:00am - 2:00pm	Woodruff Park
End of The Road Meal End of The Road Party Live Music	11:00am - 2:00pm	Woodruff Park
Awards Ceremony	1:00pm	0 - 15yr olds 65 and older Receive medal
Shuttles to LaFayette High School and Carrollton High School	2:00pm	Woodruff Park





**LONG-TERM
PARKING**



Padre's
Cycle Inn

SATURDAY - THINGS TO DO

Today is the last day on BRAG, take a moment to look back on all you have accomplished! The route today will take you to the Columbus Waterfront which is nestled in the heart of downtown Columbus. Here you will find the End of the Road party and meal. Grab a bite & beer, and listen to the music as we celebrate the end of the ride.

Long-term parking is at The RiverCenter Garage 916 Front Ave, Columbus, GA 31901

Short term parking Surface parking will be on the street around the park

RV Short Term Parking - See map, watch for cyclist, lot off bay ave and Dillingham St

Food offered on site

- BRAG provided meal

Food in Downtown Columbus

- 11th and Bay Southern Table - Southern classics get a modern twist at this rustic-chic bistro
- The Cannon Brew Pub - Microbrewery known for its wood-fired pizza & a variety of burgers
- Your Pie Pizza - Diners choose their dough, sauce, cheese & toppings at this pizzeria
- Iron Bank Coffee Co. - Hip, modern coffeehouse providing espresso, eats & baked goods.
- Momma Goldberg's Deli - signature hoagies plus build-your-own sandwiches & salads.
- Country's BBQ - Converted Greyhound Bus Station now serves up tasty meats
- Samurai | Japanese Sushi Bar - Cooked fare & a sushi bar with creative rolls & sashimi.

SATURDAY - THINGS TO DO

Columbus

We have an End of the Road Party. Come dine with everyone you've shared this incredible journey with, share stories from the road, from camp, exchange information, and enjoy yourself before heading back to reality. There will be an awards ceremony and medals for riders who are under 15 and over 65 and completed BRAG.

Before you leave be sure to check out some of the sites in Columbus! If you are interested in staying for the weekend there are hotel options and camping option, visit the Visit Columbus Tent.

Bicycle Columbus will host a Sunday local ride for any BRAG riders that would like to join. 30-mile and 55-mile options leaving from Banks Food Hall at 9:00am.

Be sure to come back and check out Columbus and all it has to offer from a vibrant Uptown, the lodging, nightlife, retail and Entertainment District along the Chattahoochee River. This area hosts Market Days on Broadway, a farmers and makers market, as well as a free concert series.

The RushSouth Whitewater Park on the Chattahoochee River is the longest urban whitewater rafting in the world! Book online or give us a call at (706) 321-4720!

Travel from 12 stories above the water as you zip across the Chattahoochee River from Georgia to Alabama! In Alabama, soar through the trees on a series of zips and bridges. This is the only dual zip line in the United States that connects two states!

The National Infantry Museum interprets the history of the infantry from the founding of America to present day global peace keeping. The only museum dedicated to the American infantryman and features a large collection of military artifacts. Not open at time of print but may be open in June.

LAGRANGE



E. Depot St
Upper Big Springs Rd



RS BIG SPRINGS UMC

Lower Big Springs Rd

15

Dallas Mill Rd

RS 20

CHIPLEY CYCLE

Pine Mountain



MAN O' WAR TRAIL

Man O' War

25

RS HAMILTON SQUARE

30

RS

Hamilton

Blue Springs Rd

35

40

Fortson Rd

RS 45

MT GILEAD AME CHURCH

Williams Rd

50



River Walk

55

RS

Smiths Station

Ladonia



Ladonia

COLUMBUS

START/FINISH

REST STOP **RS**

ROUTE

MILE MARKER **X**

CITY

Road

GEORGIA
ALABAMA

Huguley

Lanett

Valley

West Point Lake

SATURDAY

Total	Inc	Description
0.0	0.0	Exit School Parking Lot Turn right on N Greenwood St
0.6	0.6	Left onto W Broome St
0.7	0.1	Right onto S Lewis St
0.8	0.1	Left onto Bryon Hurst Street
1.7	0.9	Left onto Daniel St
1.8	0.1	Right onto the Thread at Ware St Caution - Don't bunch up on path - Give plenty of space
2.1	0.3	Keep left to stay on Thread
3.3	1.2	Right to stay on The Thread
4.5	1.2	Exit the Thread & Head East on Upper Big Springs Rd Exercise Caution
6.1	1.7	Right onto John Lovelace Road
8.5	2.3	Sharp left onto Lower Big Springs Road
11.0	0.0	Rest Stop 1: Big Springs UMC Lower Big Springs Road, LaGrange, GA 30241 Open 7am to 10am
11.1	0.0	Right onto Stovall Road
14.4	3.3	Right onto Wright Road
15.6	1.3	Right onto Dallas Mill Road
21.6	6.0	Left onto Cherokee St
21.8	0.2	Right onto Chery St
21.9	0.1	Left onto Chipley St
22.0	0.1	Rest Stop 2: Chipley Cycle 113 Broad Street, Pine Mountain, GA 31822 Open 8am to 11am
22.0	0.0	Exit Rest Stop
22.0	0.0	Head South on the Man O' War Trail for 9 miles
28.5	0.2	Rest Stop 3: Hamilton Square Park 154 N College St, Hamilton, GA 31811 Open: 9:00am - 11:00am

TRAFFIC PICKS UP ENTERING COLUMBUS, EXERCISE CAUTION!

Total	Inc	Description
31.0	0.0	Exit Rest Stop Left on Man 'O War Trail, Right on Blue Springs Rd/GA116
32.5	1.5	Left onto Lower Blue Springs Road
37.0	4.5	Left onto Hamilton Mulberry Grove Road
40.3	3.3	Right onto GA 315
40.6	0.3	Sharp left onto Fortson Road
45.1	7.1	Rest Stop 4 - Mt Gilead AME Church 8444 Fortson Rd, Fortson, GA 31808 Open 10:00am - 2:00pm
48.2	0.5	At Round About, take first exit onto Williams Road
48.5	0.3	Left onto Lloyd Road
49.2	0.7	Right onto Double Churches Rd
49.8	0.5	Left onto Easy Street
50.0	0.3	Right onto Lokey Drive
50.2	0.2	Left onto Daisy Street
50.4 🚧	0.2	Sharp right onto Tom Buk Tu Lane Caution crossing Whitesville Rd, Cross Traffic Does Not Stop
50.7	0.3	Left onto Mobley Road
52.3	1.7	Left onto Green Island Drive
53.6 🚧	1.2	At roundabout, take exit 2 onto River Road, GA 219
54.0	0.5	Right on Lake Oliver Rd
54.6	0.5	Left onto Chattahoochee RiverWalk Caution Narrow Gate
56.0	1.4	Sharp Right to stay on Riverwalk Trail
58.6	2.7	Left after passing under bridge heading up towards Bay Ave
58.7	0.1	Cross Dillingham St
58.8 miles - You've reached the end of the 2026 Bicycle Ride Across Georgia! Yay!! Woohoo!!!		



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